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MFS INTERMEDIATE HIGH INCOME FUND
Form N-PX
August 25, 2011

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UNITED STATES

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM N-PX

ANNUAL REPORT OF PROXY VOTING RECORD OF
REGISTERED MANAGEMENT INVESTMENT COMPANIES

Investment Company Act file number 811-5567

MFS INTERMEDIATE HIGH INCOME FUND

(Exact name of registrant as specified in charter)

500 Boylston Street, Boston, Massachusetts 02116

(Address of principal executive offices) (Zip code)

Susan S. Newton
Massachusetts Financial Services Company
500 Boylston Street
Boston, Massachusetts 02116

(Name and address of agents for service)

Registrant's telephone number, including area code: (617) 954-5000

Date of fiscal year end: November 30

Date of reporting period: July 1, 2010 - June 30, 2011

ITEM 1. PROXY VOTING RECORD.

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***** FORM N-Px REPORT *****

ICA File Number: 811-05567
Reporting Period: 07/01/2010 - 06/30/2011
MFS Intermediate High Income Fund

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===== MFS INTERMEDIATE HIGH INCOME FUND =====

ACCURIDE CORPORATION

Ticker: ACW Security ID: 00439T107
 Meeting Date: NOV 18, 2010 Meeting Type: Special
 Record Date: OCT 13, 2010

#	Proposal	Mgt Rec	Vote Cast	Sponsor
1	Approve Reverse Stock Split	For	For	Management
2	Adjourn Meeting	For	For	Management

ACCURIDE CORPORATION

Ticker: ACW Security ID: 00439TAA5
 Meeting Date: NOV 18, 2010 Meeting Type: Special
 Record Date: OCT 13, 2010

#	Proposal	Mgt Rec	Vote Cast	Sponsor
1	Approve Reverse Stock Split	For	For	Management
2	Adjourn Meeting	For	For	Management

ACCURIDE CORPORATION

Ticker: ACW Security ID: 00439T206
 Meeting Date: APR 26, 2011 Meeting Type: Annual
 Record Date: MAR 11, 2011

#	Proposal	Mgt Rec	Vote Cast	Sponsor
1.1	Elect Director Keith E. Busse	For	Withhold	Management
1.2	Elect Director Richard F. Dauch	For	For	Management
1.3	Elect Director Benjamin C. Duster, IV	For	Withhold	Management
1.4	Elect Director Robert J. Kelly	For	Withhold	Management
1.5	Elect Director William M. Lasky	For	For	Management
1.6	Elect Director Stephen S. Ledoux	For	For	Management
1.7	Elect Director John W. Risner	For	For	Management
2	Ratify Auditors	For	For	Management
3	Approve Omnibus Stock Plan	For	For	Management
4	Advisory Vote to Ratify Named Executive Officers' Compensation	For	Against	Management
5	Advisory Vote on Say on Pay Frequency	One Year	One Year	Management

AMERISTAR CASINOS, INC.

Ticker: ASCA Security ID: 03070Q101
 Meeting Date: JUN 15, 2011 Meeting Type: Annual
 Record Date: APR 18, 2011

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#	Proposal	Mgt Rec	Vote Cast	Sponsor
1.1	Elect Director Larry A. Hodges	For	For	Management
1.2	Elect Director Luther P. Cochrane	For	For	Management
2	Ratify Auditors	For	For	Management
3	Amend Omnibus Stock Plan	For	Against	Management
4	Advisory Vote to Ratify Named Executive Officers' Compensation	For	For	Management
5	Advisory Vote on Say on Pay Frequency	Three Years	One Year	Management

NORTEK, INC.

Ticker: NTKS Security ID: 656559309
 Meeting Date: NOV 09, 2010 Meeting Type: Annual
 Record Date: SEP 23, 2010

#	Proposal	Mgt Rec	Vote Cast	Sponsor
1.1	Elect Director John T. Coleman	For	For	Management
1.2	Elect Director Thomas A. Keenan	For	For	Management
1.3	Elect Director J. David Smith	For	For	Management
2	Ratify Auditors	For	For	Management
3	Approve Omnibus Stock Plan	For	For	Management

QUAD/GRAPHICS, INC.

Ticker: QUAD Security ID: 747301109
 Meeting Date: MAY 16, 2011 Meeting Type: Annual
 Record Date: MAR 18, 2011

#	Proposal	Mgt Rec	Vote Cast	Sponsor
1.1	Elect Director William J. Abraham, Jr.	For	Withhold	Management
1.2	Elect Director Mark A. Angelson	For	Withhold	Management
1.3	Elect Director Douglas P. Buth	For	For	Management
1.4	Elect Director Christopher B. Harned	For	Withhold	Management
1.5	Elect Director Betty Ewens Quadracci	For	Withhold	Management
1.6	Elect Director J. Joel Quadracci	For	Withhold	Management
1.7	Elect Director Thomas O. Ryder	For	For	Management
1.8	Elect Director John S. Shiely	For	For	Management
2	Advisory Vote to Ratify Named Executive Officers' Compensation	For	For	Management
3	Advisory Vote on Say on Pay Frequency	Three Years	One Year	Management
4	Approve Omnibus Stock Plan	For	For	Management

===== END NPX REPORT

SIGNATURES

Pursuant to the requirements of the Investment Company Act of 1940, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

Registrant: MFS INTERMEDIATE HIGH INCOME FUND

By (Signature and Title): MARIA F. DIORIODWYER*

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Maria F. DiOrioDwyer, Principal Executive Officer

Date: August 12, 2011

*By (Signature and Title) /s/ Susan S. Newton

Susan S. Newton, as attorney-in-fact

* Executed by Susan S. Newton on behalf of Maria F. DiOrioDwyer pursuant to a Power of Attorney dated October 26, 2010. (1)

(1) Incorporated by reference to MFS Series Trust XIII (File Nos. 2-74959 and 811-3327) Post-Effective Amendment No. 45 filed with the SEC via EDGAR on March 10, 2011.