

Trelstad Lynn B.  
Form 4  
January 03, 2019

**FORM 4**

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549**

OMB APPROVAL

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**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
Trelstad Lynn B.

2. Issuer Name and Ticker or Trading Symbol  
TEGNA INC [TGNA]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)

C/O TEGNA INC., 7950 JONES  
BRANCH DRIVE

3. Date of Earliest Transaction  
(Month/Day/Year)  
12/31/2018

\_\_\_\_ Director \_\_\_\_\_ 10% Owner  
 Officer (give title below) \_\_\_\_\_ Other (specify below)  
EVP and COO - Media Operations

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
\_\_\_\_ Form filed by More than One Reporting Person

MCLEAN, VA 22107

(City) (State) (Zip)

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price
Common Stock	12/31/2018		M		6,954	A	Ⓛ
Common Stock	12/31/2018		M		3,957	A	Ⓛ
Common Stock	12/31/2018		M		3,909	A	Ⓛ
Common Stock	12/31/2018		F <sup>(2)</sup>		7,039	D	\$ 10.87
Common Stock	12/31/2018		M		1,841	A	Ⓛ
						I	By Spouse

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Common Stock	12/31/2018	M	890	A	Ⓐ	2,731	I	By Spouse
Common Stock	12/31/2018	F <sup>(3)</sup>	880	D	\$ 10.87	1,851	I	By Spouse
Common Stock						5,215.82	I	By 401(k) Plan
Common Stock						1,162.51	I	By Spouse through 401(k) Plan

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

**Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.**

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(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	Amount or Number of Shares	
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Restricted Stock Units	Ⓐ	12/31/2018		M	6,954	12/31/2018	12/31/2018	Common Stock	6,954
Restricted Stock Units	Ⓐ	12/31/2018		M	3,957	(4)	(4)	Common Stock	3,957
Restricted Stock Units	Ⓐ	12/31/2018		M	3,909	(4)	(4)	Common Stock	3,909
Restricted Stock Units	Ⓐ	12/31/2018		M	1,841	12/31/2018	12/31/2018	Common Stock	1,841
Restricted Stock	Ⓐ	12/31/2018		M	890	(5)	(5)	Common Stock	890

