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BANK OF NOVA SCOTIA / Form 6-K March 03, 2006

#### SECURITIES AND EXCHANGE COMMISSION

Washington, DC 20549
Form 6-K
Report of Foreign Issuer
Pursuant to Rule 13a-16 or 15d-16 of
the Securities Exchange Act of 1934

For the month of: March, 2006 Commission File Number: 001-31316

#### THE BANK OF NOVA SCOTIA

(Name of registrant)

44 King Street West, 9th Floor, Scotia Plaza, Toronto, Ontario, M5H 1H1 416-866-4862

(Address of Principal Executive Offices)

Indicate by check mark whether the registrant files or will file annual reports under cover of Form 20-F or Form 40-F:

Form 20-F o Form 40-F b

Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the SEC pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934:

Yes o No b

If Yes is marked, indicate the file number assigned to the registrant in connection with Rule 12g3-2(b): N/A

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### **SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

### THE BANK OF NOVA SCOTIA

Date: March 3, 2006 By: /s/ Sean McGuckin

Name: Sean McGuckin

Title: Senior Vice-President, and

Chief Accountant

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## EXHIBIT INDEX

Exhibit Description of Exhibit

99.1 First Quarter 2006 Report to Shareholders