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CONAGRA Form 4 October 02, 2	1 /					OMB AF	PROVAL			
	UNITED STAT		SECURITIES AND EXCHANGE COM Washington, D.C. 20549			OMB Number:	3235-0287			
Check thi if no long subject to Section 1 Form 4 o Form 5	 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES 						January 31, 2005 average irs per 0.5			
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940										
(Print or Type F	Responses)									
	ddress of Reporting Person <u>*</u> L RUTH ANN	Symbol	2. Issuer Name and Ticker or Trading Symbol CONAGRA FOODS INC /DE/			5. Relationship of Reporting Person(s) to Issuer				
		[CAG]	ka foods in	C/DE/	(Check all applicable)					
(Last)(First)(Middle)3. Date of Ea(Month/Day/(Month/Day/C/O CONAGRA FOODS,10/01/2008INC., ONE CONAGRA DRIVE			Day/Year)Officer (give titleOther (Owner er (specify			
	(Street)	Street) 4. If Amendment, Date Original Filed(Month/Day/Year)					 6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting 			
OMAHA, N	IE 68102				Person	lore than One Re	porting			
(City)	(State) (Zip)	Table I	- Non-Derivative	e Securities Acc	uired, Disposed of	, or Beneficial	ly Owned			
1.Title of Security (Instr. 3)	2. Transaction Date 2A. Do (Month/Day/Year) Execut any (Mont	ion Date, if T C h/Day/Year) (I	Transaction(A) or I Code (Instr. 3 Instr. 8) Code V Amoun	(A) or t (D) Price	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)				
Common Stock	10/01/2008		$A \qquad \frac{1,207}{\underline{(1)}}$	A ^{\$} 19.46	6,496	D				
Common Stock					750	Ι	Living Trust			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Secur	int of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
MARSHALL RUTH ANN C/O CONAGRA FOODS, INC. ONE CONAGRA DRIVE OMAHA, NE 68102	Х						
Signatures							
/s/ Colleen Batcheler, Attorney-in-Fact		10/02/2008	3				
<u>**</u> Signature of Reporting Person		Date					
Explanation of Responses:							

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) These shares were acquired in connection with the reporting person's standing election to defer director's fees into the company's director's deferred compensation plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.