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Morris-Hipkins Stuart Raymond Form 4 March 06, 2019

March 00, 20	19										
FORM 4 UNITED STATES SECURITIES AND EXCHANCE COMMISSION								OMB APPROVAL			
Washington, D.C. 20549									OMB Number:	3235-0287	
Check this box							Expires:	January 31,			
subject to Section 16 Form 4 or Form 5 obligation may conti	subject to STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF Estimated average subject to SECURITIES Estimated average Section 16. Form 4 or Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Form 5 Filed pursuant to Section 16(a) of the Public Utility Holding Company Act of 1935 or Section 0 Section 17(a) of the Public Utility Holding Company Act of 1940 30(h) of the Investment Company Act of 1940										
(Print or Type R	esponses)										
Morris-Hipkins Stuart Raymond Symbol				er Name and Ticker or Trading IS & MINOR INC/VA/ [OMI]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) (First) (Middle) 3. Date of 1				f Earliest Transaction				(Check an applicable)			
(Month/Da C/O OWENS & MINOR, INC., 9120 03/04/20 LOCKWOOD BOULEVARD				-				Director 10% Owner X Officer (give title Other (specify below) below) President			
				ndment, Date Original hth/Day/Year)				6. Individual or Joint/Group Filing(CheckApplicable Line)_X_ Form filed by One Reporting Person			
MECHANIC	CSVILLE, VA 2	3116						Form filed by N Person	Iore than One Re	porting	
(City)	(State)	(Zip)	Table	e I - Non-Do	erivative S	ecurit	ies Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date 2A. Deemed (Month/Day/Year) Execution Date, if any (Month/Day/Year)		3. 4. Securities Acquired Transaction(A) or Disposed of Code (D) (Instr. 8) (Instr. 3, 4 and 5) (A) or Code V Amount (D) Price			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
Common Stock (1)	03/04/2019			А	61,512	А	\$0	124,470 (2)	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

De Se	Title of erivative ecurity nstr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	3		Amou Unde Secur	le and unt of rlying ities . 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
					Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

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Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
Morris-Hipkins Stuart Raymond C/O OWENS & MINOR, INC. 9120 LOCKWOOD BOULEVARD MECHANICSVILLE, VA 23116			President					
Signatures								
Stuart R. Morris-Hipkins, by Rosema POA	e,	03/06/2019						
<u>**</u> Signature of Reporting Person			Date					
Explanation of Pooponooo								

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted stock grant which vests one-third per year over three years.
- (2) Balance includes employee stock purchase plan holdings not previously reflected in beneficial ownership total.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.