#### WHITE CHELSEA C III

Form 4

November 15, 2005

# FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

OMB Number:

3235-0287

0.5

January 31, Expires: 2005

**OMB APPROVAL** 

Estimated average burden hours per response...

if no longer subject to Section 16. Form 4 or Form 5

Check this box

**SECURITIES** Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue.

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

See Instruction

1. Name and Address of Reporting Person ** WHITE CHELSEA C III		2. Issuer Name <b>and</b> Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer			
		CNF INC [CNF]	(Check all applicable)			
(Last)	(First) (Middle)	3. Date of Earliest Transaction				
2855 CAMPU	JS DRIVE, SUITE 300	(Month/Day/Year) 11/15/2005	X_ Director 10% Owner Officer (give title below) Other (specify below)			
	(Street)	4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check			
CANAMATE	CA 04402	Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			

Person

#### SAN MATEO, CA 94403

(City)	(State)	(Zip) Table	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed o	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securities Acquired insaction(A) or Disposed of (D) e (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	or	Price	Transaction(s) (Instr. 3 and 4)		
Common Stock	11/15/2005		M	2,800	A	\$ 30.85	8,051	D	
Common Stock	11/15/2005		S	2,800	D	\$ 56.2	5,251	D	
Common Stock	11/15/2005		M	600	A	\$ 30.85	5,851	D	
Common Stock	11/15/2005		S	600	D	\$ 56.75	5,251	D	
Common Stock	11/15/2005		M	100	A	\$ 30.85	5,351	D	
	11/15/2005		S	100	D		5,251	D	

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Common Stock					\$ 56.78		
Common Stock	11/15/2005	M	2,750	A	\$ 30.85	8,001	D
Common Stock	11/15/2005	S	2,750	D	\$ 56.82	5,251	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amour Underlying Securit (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amo or Num of Share
Non-Qualified Stock Option (right to buy)	\$ 30.85	11/15/2005		M	2,800	02/18/2005	02/18/2014	Common Stock	2,8
Non-Qualified Stock Option (right to buy)	\$ 30.85	11/15/2005		M	600	02/18/2005	02/18/2014	Common Stock	60
Non-Qualified Stock Option (right to buy)	\$ 30.85	11/15/2005		M	100	02/18/2005	02/18/2014	Common Stock	10
Non-Qualified Stock Option (right to buy)	\$ 30.85	11/15/2005		M	2,750	02/18/2005	02/18/2014	Common Stock	2,7

# **Reporting Owners**

Reporting Owner Name / Address

Director 10% Owner Officer Other

Reporting Owners 2

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WHITE CHELSEA C III
2855 CAMPUS DRIVE, SUITE 300 X
SAN MATEO, CA 94403

### **Signatures**

By: Gary S. Cullen, Attorney-in-Fact For: Chelsea C. White III

11/15/2005

\*\*Signature of Reporting Person

Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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