### Edgar Filing: HARDY JAMES H JR - Form 4

HARDY JAN Form 4 December 02							
FORM	Л	UNITED STATES SECURITIES AND EXCHANGE COMMISSION					
Charle this		Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES					3235-0287
Check this if no longe subject to Section 16 Form 4 or	er <b>STATEM</b>						Expires: January 31 2005 Estimated average burden hours per response 0.5
Form 5 obligation may contin <i>See</i> Instruct 1(b).	s Section 17(a	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940					
(Print or Type R	esponses)						
HARDY JAMES H JR Symbol			er Name <b>and</b> Ticker or GRA FOODS INC	Issuer			
		[CAG]			(Che	ck all applicable	e)
			of Earliest Transaction Day/Year) 2005	Director 10% Owner X Officer (give title Other (specify below) EVP Product Supply			
	(Street) 4. If Amer Filed(Mont			I	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person		
OMAHA, N	E 68102				Form filed by Person	More than One R	eporting
(City)	(State) (	Zip) Tat	ole I - Non-Derivative	Securities Ac	quired, Disposed o	of, or Beneficia	lly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		Code Dispose	d (A) or	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V Amount	(A) or (D) Price	Transaction(s) (Instr. 3 and 4)		
Common Stock					73	Ι	By 401-k Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

### **Reporting Owners**

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Derivative Expiration Date (Month/Day/Year) Acquired (A) r Disposed of D) Instr. 3, 4,		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8 I S ()
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Options (right to buy)	\$ 21.51	12/01/2005		А	20,000	(1)	11/30/2015	Common Stock	20,000	

# **Reporting Owners**

Person

<b>Reporting Owner Name / Address</b>	Relationships					
	Director	10% Owner	Officer	Other		
HARDY JAMES H JR ONE CONAGRA DRIVE OMAHA, NE 68102			EVP Product Supply			
Signatures						
Jeff Blair, Attorney-in-fact	12/02/200	)5				
**Signature of Reporting	Date					

## **Explanation of Responses:**

\* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Options become exercisable at 40% on May 28, 2006, 30% on May 27, 2007, and 30% on May 25, 2008.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.