FIRST TRUST ENERGY INCOME & GROWTH FUND Form N-PX July 21, 2014

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, DC 20549

FORM N-PX

ANNUAL REPORT OF PROXY VOTING RECORD OF REGISTERED MANAGEMENT INVESTMENT COMPANY

Investment Company Act File No. 811-21549

First Trust Energy Income and Growth Fund
-----Exact Name of Registrant as Specified in Declaration of Trust

W. Scott JardineFirst Trust Portfolios L.P.120 East Liberty Drive, Suite 400Wheaton, Illinois 60187

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Name and Address (Number, Street, City, State, Zip Code) of Agent for Service

(630) 765-8000

Registrant's Telephone Number, including Area Code

Date of fiscal year end: November 30

Date of reporting period: July 1, 2013 - June 30, 2014

Form N-PX is to be used by a registered management investment company, other than a small business investment company registered on Form N-5 (ss.ss. 239.24 and 274.5 of this chapter), to file reports with the Commission, not later than August 31 of each year, containing the registrant's proxy voting record for the most recent twelve-month period ended June 30, pursuant to section 30 of the Investment Company Act of 1940 and rule 30b1-4 thereunder (17 CFR 270.30b1-4). The Commission may use the information provided on Form N-PX in its regulatory, disclosure review, inspection, and policymaking roles.

A registrant is required to disclose the information specified by Form N-PX, and the Commission will make this information public. A registrant is not required to respond to the collection of information contained in Form N-PX unless the Form displays a currently valid Office of Management and Budget ("OMB") control number. Please direct comments concerning the accuracy of the information collection burden estimate and any suggestions for reducing the burden to the

Secretary, Securities and Exchange Commission, 100 F Street, N.E., Washington D.C. 20549. The OMB has reviewed this collection of information under the clearance requirements of 44 U.S.C. ss. 3507.

Item 1. Proxy Voting Record

Ticker Primary Security ID	NG. G6375K151	
Meeting Date	29-Jul-13	
PROPONENT	PROPOSAL TEXT	 MANAGEMENT RECOMMENDATION
Management	Accept Financial Statements and Statutory Reports	For
Management	Approve Final Dividend	For
Management	Re-elect Sir Peter Gershon as Director	For
Management	Re-elect Steve Holliday as Director	For
Management	Re-elect Andrew Bonfield as Director	For
Management	Re-elect Tom King as Director	For
Management	Re-elect Nick Winser as Director	For
Management	Re-elect Philip Aiken as Director	For
Management	Re-elect Nora Brownell as Director	For
Management	Elect Jonathan Dawson as Director	For
Management	Re-elect Paul Golby as Director	For
Management	Re-elect Ruth Kelly as Director	For
Management	Re-elect Maria Richter as Director	For
3	Elect Mark Williamson as Director	For
Management Management	Reappoint PricewaterhouseCoopers LLP as Auditors	For
2	Authorise Board to Fix Remuneration of Auditors	
Management	Approve Remuneration Report	For For
Management		
Management	Authorise Issue of Equity with Pre-emptive Rights	For
Management	Authorise Issue of Equity without Pre-emptive Rights	
Management	Authorise Market Purchase of Ordinary Shares	For
Management	Authorise the Company to Call EGM with Two Weeks' Notice	For
Enterprise Products Pa	rtners L.P.	
Ticker	EPD	· -
Primary Security ID	293792107	
Meeting Date	30-Sep-13	
PROPONENT	PROPOSAL TEXT	MANAGEMENT RECOMMENDATION
Management Management	Amend Omnibus Stock Plan Amend Nonqualified Employee Stock Purchase Plan	For For
Plains All American Pi		
Ticker	PAA	

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PROPONENT	PROPOSAL TEXT	MANAGEMENT RECOMMENDATION	, I
Management	Approve Omnibus Stock Plan	For	F
Management	Adjourn Meeting	For	F
UGI Corporation			
Ticker	UGI		
Primary Security ID Meeting Date	30-Jan-14		
PROPONENT	PROPOSAL TEXT	MANAGEMENT RECOMMENDATION	, I
Management	Elect Director Lon R. Greenberg	For	F
Management	Elect Director Marvin O. Schlanger	For	F
Management	Elect Director Anne Pol	For	F
Management	Elect Director Ernest E. Jones	For	F
Management	Elect Director John L. Walsh	For	F
Management	Elect Director Roger B. Vincent	For	F
Management	Elect Director M. Shawn Puccio Elect Director Richard W. Gochnauer	For	
Management	Elect Director Richard W. Gochnauer Elect Director Frank S. Hermance	For	T
Management Management	Advisory Vote to Ratify Named Executive Officers'	For For	T.
Hanagement	Compensation	101	L
PVR Partners, L.P.			
Ticker	PVR		
Primary Security ID Meeting Date	693665101 20-Mar-14		
		 MANAGEMENT	7
PROPONENT	PROPOSAL TEXT	RECOMMENDATION]
Management	Approve Merger Agreement	For	F
Management	Adjourn Meeting	For	F
Management	Advisory Vote on Golden Parachutes	For	F
Spectra Energy Corp			
Ticker	SE		
Primary Security ID	847560109		
Meeting Date	15-Apr-14		
PROPONENT	PROPOSAL TEXT	MANAGEMENT RECOMMENDATION	7
Management	Elect Director Gregory L. Ebel	For	F
Management	Elect Director Austin A. Adams	For	E
Management	Elect Director Joseph Alvarado	For	F
Management	Elect Director Pamela L. Carter	For	F
Management	Elect Director Clarence P. Cazalot, Jr.	For	F
Management	Elect Director F. Anthony Comper	For	F
Management	Elect Director Peter B. Hamilton	For	F
Management	Elect Director Michael McShane	For	F
Management	Elect Director Michael G. Morris	For	F

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Management	Elect Director Michael E. J. Phelps	For	F
Management	Ratify Auditors	For	F
Management	Advisory Vote to Ratify Named Executive Officers'	For	F
	Compensation		
Share Holder	Report on Political Contributions	Against	F
Share Holder	Report on Methane Emissions	Against	F
NuStar GP Holdings, LLC	c		
Ticker	NSH		
Primary Security ID	67059L102		
Meeting Date	23-Apr-14		
		MANIA CEMENT	7.7
PROPONENT	PROPOSAL TEXT	MANAGEMENT RECOMMENDATION	V
Management	Elect Director Bradley C. Barron	For	F
Management	Elect Director William B. Burnett	For	F
Management	Ratify Auditors	For	F
Management	Advisory Vote to Ratify Named Executive Officers' Compensation	For	F
	Compensacion		
Magellan Midstream Part	tners, L.P.		
Ticker	MMP		
Primary Security ID	559080106		
Meeting Date	24-Apr-14		
		MANAGEMENT	V
PROPONENT	PROPOSAL TEXT	RECOMMENDATION	Ι
Management	Elect Director James C. Kempner	For	F
Management	Elect Director Michael N. Mears	For	F
Management	Elect Director James R. Montague	For	F
Management	Advisory Vote to Ratify Named Executive Officers'	For	F
	Compensation	_	
Management	Ratify Auditors	For	F
Northeast Utilities			
Ticker	NU		
Primary Security ID	664397106		
Meeting Date	01-May-14		
		MANIA CENTENTE	τ,
PROPONENT	PROPOSAL TEXT	MANAGEMENT RECOMMENDATION	I
Management	Elect Director Richard H. Booth	For	F
Management	Elect Director John S. Clarkeson	For	F
Management	Elect Director Cotton M. Cleveland	For	F
Management	Elect Director Sanford Cloud, Jr.	For	F
Management	Elect Director James S. DiStasio	For	F
Management	Elect Director Francis A. Doyle	For	F
Management	Elect Director Charles K. Gifford	For	F
Management	Elect Director Paul A. La Camera	For	F
Management	Elect Director Kenneth R. Leibler Elect Director Thomas J. May	For For	F F
Management Management	Elect Director Inomas J. May Elect Director William C. Van Faasen	For	r F
Management	Elect Director Frederica M. Williams	For	F
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Management Management Management	Elect Director Dennis R. Wraase Advisory Vote to Ratify Named Executive Officers' Compensation Ratify Auditors	For For	ਜ ਜ ਜ
TransCanada Corporation	n.		
Ticker	TRP		
Primary Security ID Meeting Date	89353D107 02-May-14		
	02 hay 11		
PROPONENT	PROPOSAL TEXT	MANAGEMENT RECOMMENDATION	V
Management	Elect Director Kevin E. Benson	For	F
Management	Elect Director Derek H. Burney	For	F
Management	Elect Director Paule Gauthier	For	F
Management	Elect Director Russell K. Girling	For	F
Management	Elect Director S. Barry Jackson	For	F
Management	Elect Director Paula Rosput Reynolds	For	F
Management	Elect Director John Richels	For	F
Management	Elect Director Mary Pat Salomone	For	F
Management	Elect Director D. Michael G. Stewart	For	F
Management	Elect Director Siim A. Vanaselja	For	F
Management	Elect Director Richard E. Waugh	For	F
Management	Approve KPMG LLP as Auditors and Authorize Board to Fix Their Remuneration	For	F
Management	Advisory Vote on Executive Compensation Approach	For	F
NRG Yield, Inc. Ticker Primary Security ID Meeting Date	NYLD 62942X108 06-May-14		
PROPONENT	PROPOSAL TEXT	MANAGEMENT RECOMMENDATION	V
Management	Elect Director David Crane	For	V
Management	Elect Director John F. Chlebowski	For	F
Management	Elect Director Kirkland B. Andrews	For	V
Management	Elect Director Brian R. Ford	For	F
Management	Elect Director Mauricio Gutierrez	For	V
Management	Elect Director Ferrell P. McClean	For	Ε
Management	Elect Director Christopher S. Sotos	For	V
Management	Ratify Auditors	For	F
Dominion Resources, Inc			
Ticker	D		
Primary Security ID	25746U109		
Meeting Date	07-May-14		
PROPONENT	PROPOSAL TEXT	 MANAGEMENT RECOMMENDATION	V
		_	-
Management	Elect Director William P. Barr	For	F
Management	Elect Director Peter W. Brown	For	F
Management	Elect Director Helen E. Dragas	For	F

Management	Elect Director James O. Ellis, Jr.	For
Management	Elect Director Thomas F. Farrell, II	For
Management	Elect Director John W. Harris	For
Management	Elect Director Mark J. Kington	For
Management	Elect Director Pamela J. Royal	For
Management	Elect Director Robert H. Spilman, Jr.	For
Management	Elect Director Michael E. Szymanczyk	For
•	Elect Director David A. Wollard	For
Management		
Management	Ratify Auditors	For
Management	Advisory Vote to Ratify Named Executive Officers' Compensation	For
Management	Approve Omnibus Stock Plan	For
Share Holder	Stock Retention/Holding Period	Against
Share Holder	Report on Financial and Physical Risks of Climate	Against
	Change	
Share Holder	Report on Methane Emissions Management and Reduction Targets	Against
Share Holder	Report on Lobbying Payments and Policy	Against
Share Holder	Report on Environmental Impacts of Biomass and	Against
	Assess Risks	-
Share Holder	Adopt Quantitative GHG Goals for Products and Operations	Against
Enbridge Inc.		
Ticker	ENB	
Primary Security ID	29250N105	
Meeting Date	07-May-14	
		MANAGEMENT
PROPONENT	PROPOSAL TEXT	RECOMMENDATION
Management	Elect Director David A. Arledge	For
Management	Elect Director James J. Blanchard	For
-	Elect Director J. Lorne Braithwaite	
Management		
Management	Elect Director J. Herb England	For
Management	Elect Director Charles W. Fischer	For
Management	Elect Director V. Maureen Kempston Darkes	For
Management	Elect Director David A. Leslie	For
Management	Elect Director Al Monaco	For
Management	Elect Director George K. Petty	For
Management	Elect Director Charles E. Shultz	For
-		
Management	Elect Director Dan C. Tutcher	For
Management Management		
Management	Elect Director Catherine L. Williams	For
Management Management	Elect Director Catherine L. Williams Ratify PricewaterhouseCoopers LLP as Auditors	For For
Management Management Management	Elect Director Catherine L. Williams Ratify PricewaterhouseCoopers LLP as Auditors Amend Stock Option Plan	For For For
Management Management Management Management	Elect Director Catherine L. Williams Ratify PricewaterhouseCoopers LLP as Auditors Amend Stock Option Plan Approve Shareholder Rights Plan	For For For
Management Management Management	Elect Director Catherine L. Williams Ratify PricewaterhouseCoopers LLP as Auditors Amend Stock Option Plan	For For For
Management Management Management Management Management Management	Elect Director Catherine L. Williams Ratify PricewaterhouseCoopers LLP as Auditors Amend Stock Option Plan Approve Shareholder Rights Plan	For For For
Management Management Management Management Management NiSource Inc.	Elect Director Catherine L. Williams Ratify PricewaterhouseCoopers LLP as Auditors Amend Stock Option Plan Approve Shareholder Rights Plan Advisory Vote on Executive Compensation Approach	For For For
Management Management Management Management Management Misource Inc. Ticker	Elect Director Catherine L. Williams Ratify PricewaterhouseCoopers LLP as Auditors Amend Stock Option Plan Approve Shareholder Rights Plan Advisory Vote on Executive Compensation Approach	For For For
Management Management Management Management Management NiSource Inc. Ticker Primary Security ID	Elect Director Catherine L. Williams Ratify PricewaterhouseCoopers LLP as Auditors Amend Stock Option Plan Approve Shareholder Rights Plan Advisory Vote on Executive Compensation Approach NI 65473P105	For For For
Management Management Management Management Management Misource Inc. Ticker	Elect Director Catherine L. Williams Ratify PricewaterhouseCoopers LLP as Auditors Amend Stock Option Plan Approve Shareholder Rights Plan Advisory Vote on Executive Compensation Approach	For For For
Management Management Management Management Management NiSource Inc. Ticker Primary Security ID Meeting Date	Elect Director Catherine L. Williams Ratify PricewaterhouseCoopers LLP as Auditors Amend Stock Option Plan Approve Shareholder Rights Plan Advisory Vote on Executive Compensation Approach NI 65473P105 13-May-14	For For For MANAGEMENT
Management Management Management Management Management NiSource Inc. Ticker Primary Security ID	Elect Director Catherine L. Williams Ratify PricewaterhouseCoopers LLP as Auditors Amend Stock Option Plan Approve Shareholder Rights Plan Advisory Vote on Executive Compensation Approach NI 65473P105 13-May-14	For For For For
Management Management Management Management Management NiSource Inc. Ticker Primary Security ID Meeting Date PROPONENT	Elect Director Catherine L. Williams Ratify PricewaterhouseCoopers LLP as Auditors Amend Stock Option Plan Approve Shareholder Rights Plan Advisory Vote on Executive Compensation Approach NI 65473P105 13-May-14 PROPOSAL TEXT	For For For MANAGEMENT RECOMMENDATION
Management Management Management Management Management NiSource Inc. Ticker Primary Security ID Meeting Date PROPONENT Management	Elect Director Catherine L. Williams Ratify PricewaterhouseCoopers LLP as Auditors Amend Stock Option Plan Approve Shareholder Rights Plan Advisory Vote on Executive Compensation Approach NI 65473P105 13-May-14 PROPOSAL TEXT Elect Director Richard A. Abdoo	For For For MANAGEMENT RECOMMENDATION For
Management Management Management Management Misource Inc. Ticker Primary Security ID Meeting Date PROPONENT	Elect Director Catherine L. Williams Ratify PricewaterhouseCoopers LLP as Auditors Amend Stock Option Plan Approve Shareholder Rights Plan Advisory Vote on Executive Compensation Approach NI 65473P105 13-May-14 PROPOSAL TEXT	For For For MANAGEMENT RECOMMENDATION

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Management	Elect Director Sigmund L. Cornelius	For
Management	Elect Director Michael E. Jesanis	For
Management	Elect Director Marty R. Kittrell	For
Management	Elect Director W. Lee Nutter	For
Management	Elect Director Deborah S. Parker	For
Management	Elect Director Robert C. Skaggs, Jr.	For
Management	Elect Director Teresa A. Taylor	For
Management	Elect Director Richard L. Thompson	For
Management	Elect Director Carolyn Y. Woo	For
Management	Advisory Vote to Ratify Named Executive Officers'	For
Management	Compensation	LOI
Management	Ratify Auditors	For
Share Holder	Report on Political Contributions	Against
Share horder	Report on Fortitical Contributions	Against
Kinder Morgan, Inc.		
Ticker	KMI	
Primary Security ID		
Meeting Date	19-May-14 	
PROPONENT	PROPOSAL TEXT	MANAGEMENT RECOMMENDATION
Management	Elect Director Richard D. Kinder	For
Management	Elect Director Steven J. Kean	For
Management	Elect Director Steven U. Reall Elect Director Anthony W. Hall, Jr.	For
-	Elect Director Deborah A. Macdonald	For
Management	Elect Director Michael J. Miller	
Management		For
Management	Elect Director Michael C. Morgan	For
Management	Elect Director Fayez Sarofim	For
Management	Elect Director C. Park Shaper	For
Management	Elect Director Joel V. Staff	For
Management	Elect Director John M. Stokes	For
Management	Elect Director Robert F. Vagt	For
Management	Ratify Auditors	For
Share Holder	Report on Financial Risks of Climate Change	Against
Share Holder	Report on Methane Emissions Management, Pipeline Maintenance and Reduction Targets	Against
Share Holder	Report on Sustainability	Against
ITC Holdings Corp.		
Ticker	ITC	
Primary Security ID	465685105	
Meeting Date	21-May-14	
PROPONENT	PROPOSAL TEXT	MANAGEMENT RECOMMENDATION
Management	Elect Director Christopher H. Franklin	For
Management	Elect Director Edward G. Jepsen	For
Management	Elect Director William J. Museler	For
Management	Elect Director Hazel R. O'Leary	For
Management	Elect Director Thomas G. Stephens	For
Management	Elect Director G. Bennett Stewart, III	For
Management	Elect Director Lee C. Stewart	For
Management	Elect Director Joseph L. Welch	For
Management	Advisory Vote to Ratify Named Executive Officers'	For
Management	Compensation Ratify Auditors	For

Management Share Holder	Amend Qualified Employee Stock Purchase Plan Amend Bylaws Call Special Meetings	For Against	H
Questar Corporation			
Ticker Primary Security ID Meeting Date	22-May-14		
PROPONENT	PROPOSAL TEXT	MANAGEMENT RECOMMENDATION	7
Management	Elect Director Teresa Beck	For	F
Management	Elect Director R. Don Cash	For	F
Management	Elect Director Laurence M. Downes	For	Ε
Management	Elect Director Christopher A. Helms	For	Ε
Management	Elect Director Ronald W. Jibson	For	E
Management	Elect Director Rebecca Ranich	For	Ε
Management	Elect Director Harris H. Simmons	For	F
Management	Elect Director Bruce A. Williamson	For	F
Management	Ratify Auditors	For	F
Management	Advisory Vote to Ratify Named Executive Officers' Compensation	For	E
The Williams Companies,	, Inc.		
Ticker	WMB		
Primary Security ID	969457100		
Meeting Date	22-May-14		
PROPONENT	PROPOSAL TEXT	MANAGEMENT RECOMMENDATION	7
Management	Elect Director Alan S. Armstrong	For	Ε
Management	Elect Director Joseph R. Cleveland	For	Ι
Management	Elect Director Kathleen B. Cooper	For	F
Management	Elect Director John A. Hagg	For	Ε
Management	Elect Director Juanita H. Hinshaw	For	E
Management	Elect Director Ralph Izzo	For	E
Management	Elect Director Frank T. MacInnis	For	Ε
Management	Elect Director Eric W. Mandelblatt	For	Ε
Management	Elect Director Steven W. Nance	For	Ε
Management	Elect Director Murray D. Smith	For	E
Management	Elect Director Janice D. Stoney	For	I
Management	Elect Director Laura A. Sugg Amend Omnibus Stock Plan	For	1
Management		For For	1
Management	Amend Qualified Employee Stock Purchase Plan Ratify Auditors		1
Management Management	Advisory Vote to Ratify Named Executive Officers'	For For	1
ranagement	Compensation	FOL	1
CorEnergy Infrastructu	re Trust, Inc.		
Ticker	CORR	_	
Primary Security ID	21870U205		
_	28-May-14		
PROPONENT	PROPOSAL TEXT	MANAGEMENT RECOMMENDATION	7

Management	Elect Director Barrett Brady	For	F
Management	Elect Director Conrad S. Ciccotello	For	F
Management	Elect Director Catherine A. Lewis	For	F
Management	Ratify Auditors	For	F
Management	Approve Outside Director Stock Awards/Options in Lieu of Cash	For	F

The Southern Company

Ticker	SO
Primary Security ID	842587107
Meeting Date	28-May-14

		MANAGEMENT	V
PROPONENT	PROPOSAL TEXT	RECOMMENDATION	Ι
Management	Elect Director Juanita Powell Baranco	For	F
Management	Elect Director Jon A. Boscia	For	F
Management	Elect Director Henry A. 'Hal' Clark, III	For	F
Management	Elect Director Thomas A. Fanning	For	F
Management	Elect Director David J. Grain	For	F
Management	Elect Director Veronica M. Hagen	For	F
Management	Elect Director Warren A. Hood, Jr.	For	F
Management	Elect Director Linda P. Hudson	For	F
Management	Elect Director Donald M. James	For	F
Management	Elect Director Dale E. Klein	For	F
Management	Elect Director William G. Smith, Jr.	For	F
Management	Elect Director Steven R. Specker	For	F
Management	Elect Director E. Jenner Wood, III	For	A
Management	Ratify Auditors	For	F
Management	Advisory Vote to Ratify Named Executive Officers' Compensation	For	F
Share Holder	Require Independent Board Chairman	Against	F

SIGNATURES

[See General Instruction F]

Pursuant to the requirements of the Investment Company Act of 1940, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

(Registrant)	FIRST TRUST ENERGY INCOME AND GROWTH FUND
By (Signature and Title)*	/s/ Mark R. Bradley
	Mark R. Bradley, President
Date	July 21, 2014

 $^{^{\}star}$ Print the name and title of each signing officer under his or her signature.