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ARVINMEI Form 4											
March 11, 2008									OMB APPROVAL		
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMI Washington, D.C. 20549							COMMISSIO		3235-0287		
Check th if no lon subject t Section Form 4 o Form 5 obligatio	ger o 16. or Filed pu	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section									
may con <i>See</i> Instr 1(b).	tinue.		he Investme	•	-	•		101			
(Print or Type	Responses)										
1. Name and Address of Reporting Person <u>*</u> SACHDEV RAKESH			2. Issuer Name and Ticker or Trading Symbol ARVINMERITOR INC [ARM]				5. Relationship of Reporting Person(s) to Issuer				
(Last)	(First)		3. Date of Earliest Transaction (Cho					ieck all appli	ck all applicable)		
ARVINMERITOR, INC., 2135 WEST MAPLE ROAD			(Month/Day/Year) 03/11/2008				Director 10% Owner X_ Officer (give title Other (specify below) below) Senior VP, Corporate Strategy				
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person				
TROY, MI	48084-7186						Form filed b Person	y More than O	ne Reporting		
(City)	(State)	(Zip)	Table I - Non	-Derivativ	ve Sec	urities Ac	cquired, Disposed	of, or Bene	ficially Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution Date any	Date, if Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) ay/Year) (Instr. 8) (A) or			d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock							16,703	D			
Common Stock							1,957	Ι	ArvinMeritor Savings Plan		
Common Stock	03/11/2008		J <u>(2)</u>	475	А	\$ 10.62	102,944	Ι	Restricted Stock (3)		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivativ Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		Date	7. Title and J Underlying S (Instr. 3 and	Securities	8. Pric Deriva Securit (Instr.
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Common Stock Share Equivalents (4)	\$ (1)					(5)	(5)	Common Stock	2,777	

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
SACHDEV RAKESH ARVINMERITOR, INC. 2135 WEST MAPLE ROAD TROY, MI 48084-7186			Senior VP, Corporate Strategy				
Signatures							
Rakesh Sachdev, By Barbara No Attorney-in-fact	ovak,		03/11/2008				

**Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares purchased periodically and held in ArvinMeritor common stock funds in an employee benefit trust established under the ArvinMeritor, Inc. Savings Plan, based on information furnished by the Plan Administrator as of February 29, 2008.
- (2) Acquisition of additional shares of restricted stock through automatic reinvestment of quarterly dividend, based on information provided by restricted stock plan administrator.

Date

Includes 52,000 restricted stock units, each of which represents the right to receive one share of common stock upon the vesting date,(3) which is the third anniversary of the grant date, subject to the terms and conditions of the restricted stock unit agreement. The remaining 50,944 shares are held by the issuer to implement restrictions on transfer unless and until certain conditions are met.

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- (4) Share equivalents related to ArvinMeritor common stock, held under ArvinMeritor's supplemental savings plan, based on information furnished by the Plan Administrator as of February 29, 2008.
- (5) Inapplicable

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.