Marziotti John D Form 4 June 16, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION **OMB**

OMB APPROVAL

Number:

3235-0287

Expires:

5. Relationship of Reporting Person(s) to

January 31, 2005

0.5

Estimated average burden hours per

response...

if no longer Section 16.

1. Name and Address of Reporting Person *

06/15/2010

06/15/2010

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Form 4 or Form 5 obligations may continue. See Instruction

Check this box

subject to

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

Washington, D.C. 20549

1(b).

common

common

stock

stock

(Print or Type Responses)

Marziotti John D				Symbol NEWFIELD EXPLORATION CO /DE/ [NFX]				(Check all applicable)			
(Last) (First) (Middle) 363 N. SAM HOUSTON PKWY E,			3. Date of Earliest Transaction (Month/Day/Year) 06/15/2010				below)	titleOther			
	SUITE 100		,	00/12/2	2010			General Co	ounsel and Sec	retary	
(Street)				4. If Amendment, Date Original				6. Individual or Joint/Group Filing(Check			
HOUSTON, TX 77060				• •				Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
	1.Title of	2. Transaction Date	2A. Deem	ed	3.	4. Securiti	es Acquired (A)	5. Amount of	6.	7. Nature of	
	Security (Month/Day/Year) Execution		Date, if	Transactio	omr Dispose	ed of (D)	Securities	Ownership	Indirect		
	(Instr. 3)		any		Code	(Instr. 3, 4	and 5)	Beneficially	Form:	Beneficial	
			(Month/Da	ay/Year)	(Instr. 8)			Owned	Direct (D)	Ownership	
								Following	or Indirect	(Instr. 4)	
							(A)	Reported	(I)		
							or	Transaction(s)	(Instr. 4)		
					Code V	Amount		(Instr. 3 and 4)			

Code V Amount (D)

3,000

3,000

(1)

Α

D

M

S

Price

\$ 20.5

56.2927

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

34,303

31,303

D

D

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of Derivat Securities Acquired (A) or Disposed (D) (Instr. 3, 4 and 5)	ve Expiration D (Month/Day)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
employee stock option - right to buy	\$ 20.5	06/15/2010		M	3,00	0 12/01/200	4 12/01/2013	common stock	3,000	

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

06/16/2010

Marziotti John D

363 N. SAM HOUSTON PKWY E, SUITE 100

General Counsel and Secretary

HOUSTON, TX 77060

Signatures

/S/ Michelle S. Miller as attorney-in-fact for John D. Marziotti

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Reflects the sale of 3,000 shares of common stock on June 15, 2010 at the weighted average sale price of \$56.2927. The prices for these sales range from \$56.29 to \$56.294. The filer undertakes to provide, upon request by the Securities and Exchange Commission, the issuer or a security holder of the issuer, full information regarding the number of shares sold at each separate price.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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