

NEWFIELD EXPLORATION CO /DE/
Form 3
May 11, 2009

FORM 3 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
30(h) of the Investment Company Act of 1940

(Print or Type Responses)

| | | | | |
|---|---------|--|--|---|
| 1. Name and Address of Reporting Person * | | 2. Date of Event Requiring Statement | 3. Issuer Name and Ticker or Trading Symbol | |
| Â Howard Daryll T | | (Month/Day/Year) | NEWFIELD EXPLORATION CO /DE/ [NFX] | |
| (Last) | (First) | (Middle) | 05/07/2009 | |
| 363 N. SAM HOUSTON PKWY | | 4. Relationship of Reporting Person(s) to Issuer | | 5. If Amendment, Date Original Filed(Month/Day/Year) |
| E, SUITE 100 | | | | |
| (Street) | | (Check all applicable) | | |
| HOUSTON,Â TXÂ 77060 | | <input type="checkbox"/> Director <input type="checkbox"/> 10% Owner <input type="checkbox"/> Officer <input type="checkbox"/> Other (give title below) (specify below) V.P.-Rocky Mountains | | 6. Individual or Joint/Group Filing(Check Applicable Line) <input checked="" type="checkbox"/> Form filed by One Reporting Person <input type="checkbox"/> Form filed by More than One Reporting Person |
| (City) | (State) | (Zip) | | |

Table I - Non-Derivative Securities Beneficially Owned

| 1. Title of Security (Instr. 4) | 2. Amount of Securities Beneficially Owned (Instr. 4) | 3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5) | 4. Nature of Indirect Beneficial Ownership (Instr. 5) |
|---------------------------------|---|--|---|
| common stock | 4,071 | I | By 401k |
| common stock | 29,974 | D | Â |
| common stock | 110 | I | By IRA |
| common stock | 100 | I | By Roth IRA |
| common stock | 1,000 | I | By Rollover IRA |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1473 (7-02)

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Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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| 1. Title of Derivative Security (Instr. 4) | 2. Date Exercisable and Expiration Date (Month/Day/Year) | | 3. Title and Amount of Securities Underlying Derivative Security (Instr. 4) | | 4. Conversion or Exercise Price of Derivative Security | 5. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 5) | 6. Nature of Indirect Beneficial Ownership (Instr. 5) |
|---|--|--------------------|--|----------------------------------|--|--|---|
| | Date Exercisable | Expiration Date | Title | Amount or Number of Shares | | | |
| employee stock option - right to buy | Â (1) | 02/10/2010 | common stock | 5,000 | \$ 14.91 | D | Â |
| employee stock option - right to buy | Â (2) | 02/09/2011 | common stock | 10,000 | \$ 19.02 | D | Â |
| employee stock option - right to buy | Â (3) | 02/07/2012 | common stock | 10,000 | \$ 16.87 | D | Â |
| employee stock option - right to buy | Â (4) | 08/14/2012 | common stock | 5,000 | \$ 16.25 | D | Â |
| employee stock option - right to buy | Â (5) | 02/12/2013 | common stock | 10,000 | \$ 16.6 | D | Â |
| employee stock option - right to buy | Â (6) | 02/11/2014 | common stock | 10,000 | \$ 24.49 | D | Â |
| employee stock option - right to buy | Â (7) | 02/07/2018 | common stock | 5,200 | \$ 48.45 | D | Â |

Reporting Owners

| Reporting Owner Name / Address | Relationships | | | |
|--|---------------|-----------|------------------------|-------|
| | Director | 10% Owner | Officer | Other |
| Howard Daryll T 363 N. SAM HOUSTON PKWY E, SUITE 100 HOUSTON, TX 77060 | Â | Â | Â V.P.-Rocky Mountains | Â |

Signatures

/S/ Michelle S. Miller as attorney-in-fact for Daryll T.
Howard

05/11/2009

Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The option vested in five equal annual installments beginning on February 10, 2001.
- (2) The option vested in five equal annual installments beginning on February 9, 2002.
- (3) The option vested in five equal annual installments beginning on February 7, 2003.
- (4) The option vested in five equal annual installments beginning on August 14, 2003.
- (5) The option vested in five equal annual installments beginning on February 12, 2004.

- (6) The option vested in five equal annual installments beginning on February 11, 2005.
- (7) The option vests in five equal annual installments beginning on February 7, 2009.

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Remarks:

ExhibitÂ List:

ExhibitÂ 24-PowerÂ ofÂ Attorney

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure.

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