### Edgar Filing: Chestnutt Roy H - Form 4

Chestnutt Roy H Form 4						
March 12, 2013						
FORM /	STATES SEC	URITIES AND EXCHANGE	COMMISSION		PPROVAL	
Check this box if no longer subject to Section 16. Form 4 or Form 5 Filed pur	W AENT OF CHA suant to Section (a) of the Public	Vashington, D.C. 20549 ANGES IN BENEFICIAL OV SECURITIES 1 16(a) of the Securities Exchan Utility Holding Company Act of 19 Investment Company Act of 19	VNERSHIP OF ge Act of 1934, of 1935 or Section	Number: Expires: Estimated burden hou response	urs per	
1. Name and Address of Reporting Person <u>*</u> Chestnutt Roy H		suer Name <b>and</b> Ticker or Trading bl IZON COMMUNICATIONS	5. Relationship of Reporting Person(s) to Issuer			
	INC		(Chec	k all applicabl	e)	
(Last) (First) (A VERIZON COMMUNICAT INC., 140 WEST STREET, 2 FLOOR	(Mont TONS 03/08	e of Earliest Transaction h/Day/Year) 8/2013	Director X Officer (give below) EVP - S		% Owner her (specify Plng	
(Street)		mendment, Date Original Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
NEW YORK, NY 10007			Form filed by M Person	Iore than One R	eporting	
(City) (State)	(Zip) T	able I - Non-Derivative Securities A	cquired, Disposed of	f, or Beneficia	lly Owned	
1.Title of Security (Month/Day/Year) (Instr. 3)		) (Instr. 8) (Instr. 3, 4 and 5) (A) or	Securities F Beneficially (1 Owned (1	5. Ownership Form: Direct D) or Indirect I) Instr. 4)		
Reminder: Report on a separate line	for each class of s	Code V Amount (D) Price ecurities beneficially owned directly o				

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

### Reporting Owners

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed or (D) (Instr. 3, 4, and 5)	6. Date Exer Expiration E (Month/Day	Date	7. Title and A Underlying S (Instr. 3 and	Securities	8. De Se (I1
				Code V	(A) (D	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Restricted Stock Units - 2013-2015 Award Cycle	<u>(1)</u>	03/08/2013		A	19,809	<u>(1)</u>	<u>(1)</u>	Common Stock	19,809	

# **Reporting Owners**

Reporting Owner Name / Address	Relationships				
	Director	10% Owner	Officer	Other	
Chestnutt Roy H VERIZON COMMUNICATIONS INC. 140 WEST STREET, 29TH FLOOR NEW YORK, NY 10007			EVP - Strat, Dev and Plng		
Signatures					
William L. Horton, Jr., Attorney-in-fact for Roy H. Chestnutt		03/12/2013			
**Signature of Reporting Person			Date		

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Each Restricted Stock Unit (RSU) represents the right to receive one share of common stock, plus accrued dividends, on the payment date
   (1) following the date the RSU vests, unless deferred into the reporting person's deferred compensation plan account at the election of the reporting person. Subject to the terms of the Restricted Stock Unit Agreement, each RSU will vest on December 31, 2015.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.