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Check this box if no longer subject to Section 16. Check this box if no longer Section 16. Check this box if no longer Sectio								OMB Number: Expires: Estimated burden hou response	urs per	
(Print or Type F	Responses)									
Woods Gregory A Symbol			2. Issuer Name and Ticker or Trading5. RelatiSymbolIssuerAstroNova, Inc. [ALOT]					ship of Reporting Person(s) to (Check all applicable)		
(Month/			3. Date of Earliest Transaction Month/Day/Year))3/14/2019				X Director 10% Owner X Officer (give title Other (specify below) below) CHIEF EXECUTIVE OFFICER			
W WARWI	endment, Date Original nth/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person 					
(City)	(State) (Z	Zip) Tabl	e I - Non-D	erivative S	Securi	ties Ac	quired, Disposed of	f, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	3. 4. Securities TransactionAcquired (A) or Code Disposed of (D) (Instr. 8) (Instr. 3, 4 and 5) (A) or				Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
C			Code V	Amount	(D)	Price	(Instr. 3 and 4)			
Common Stock	03/14/2019		М	151	А	\$0	82,622	D		
Common Stock	03/14/2019		F	61	D	\$0	82,561	D		
Common Stock	03/14/2019		М	1,007	А	\$0	83,568	D		
Common Stock	03/14/2019		F	402	D	\$0	83,166	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number on f Derivati Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	ve Expiration (Month/Da	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration e Date	Title	Amount or Number of Shares	
Restricted Stock Unit	<u>(1)</u>	03/14/2019		М	151	(2)	(2)	Common Stock	151	\$
Restricted Stock Unit	<u>(1)</u>	03/14/2019		М	1,00	7 <u>(3)</u>	(3)	Common Stock	1,007	\$

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
Woods Gregory A C/O ASTRONOVA, INC. 600 E GREENWICH AVENUE W WARWICK, RI 02893	Х		CHIEF EXECUTIVE OFFICER				
Signatures							

/s/ James Rokicki, by power of 03/18/2019 attorney.

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Each restricted stock unit represents a contingent right to receive one share of ALOT common stock.
- (2) All restricted stock units under this award have now vested as of March 14, 2019.
- (3) The remaining restricted stock units vest on March 14, 2020.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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