Bolt Jennifer M Form 4 August 22, 2018

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

Check this box if no longer subject to Section 16. Form 4 or Form 5

obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

SECURITIES

30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1(b).

(Last)

1. Name and Address of Reporting Person
Bolt Jennifer M

(First) (Middle)

10000 WEHRLE DRIVE

(Street)

(Ctota)

2. Issuer Name and Ticker or Trading Symbol

Integer Holdings Corp [ITGR]

3. Date of Earliest Transaction (Month/Day/Year) 08/21/2018

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to

OMB

Number:

Expires:

response...

Estimated average

burden hours per

OMB APPROVAL

3235-0287

January 31,

2005

0.5

Issuer

(Check all applicable)

Director 10% Owner _X__ Officer (give title _ Other (specify below)

President, Electrochem 6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

CLARENCE, NY 14031

(City)	(State)	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
			Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)			
Common Stock	08/21/2018		M	4,388	A	\$ 20.62	18,680	D		
Common Stock	08/21/2018		M	5,187	A	\$ 21.68	23,867	D		
Common Stock	08/21/2018		M	2,480	A	\$ 40.84	26,347	D		
Common Stock	08/21/2018		M	3,567	A	\$ 45.41	29,914	D		
Common Stock	08/21/2018		M	3,791	A	\$ 48.43	33,705	D		

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Common Stock	08/21/2018	S	19,413	D	\$ 73.11 (1)	14,292	D	
Common Stock						1,965	I	By 401(k)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number on Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		Securities Acquired (A) or Disposed of (D) (Instr. 3, 4,		Securities Acquired (A) or Disposed of (D) (Instr. 3, 4,		Securities (Month/Day/Year) Acquired (A) or Disposed of (D) (Instr. 3, 4,		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
			Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Options	\$ 20.62	08/21/2018	M		4,388	12/28/2012	01/02/2022	Common	4,388				
Stock Options	\$ 21.68	08/21/2018	M		5,187	01/03/2014	12/31/2022	Common	5,187				
Stock Options	\$ 40.84	08/21/2018	M		2,480	01/02/2015	01/06/2024	Common	2,480				
Stock Options	\$ 45.41	08/21/2018	M		3,567	01/01/2016	01/05/2025	Common	3,567				
Stock Options	\$ 48.43	08/21/2018	M		3,791	12/30/2016	01/04/2026	Common	3,791				

Reporting Owners

Reporting Owner Name / Address	Relationships						
reporting of their remains a remainder	Director	10% Owner	Officer	Other			
Bolt Jennifer M 10000 WEHRLE DRIVE			President, Electrochem				
CLARENCE, NY 14031			Tresident, Electrochem				

Reporting Owners 2

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Signatures

/s/ Mark Zawodzinski as attorney-in-fact for Jennifer M. Bolt.

08/22/2018

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at multiple prices ranging from \$72.95 to \$73.35, inclusive.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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