Krakower Brian S Form 4 March 12, 2018

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to Section 16.

Form 4 or

Form 5 obligations may continue.

See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

(Last)

300

1. Name and Address of Reporting Person * Krakower Brian S

(First)

7755 CENTER AVENUE, SUITE

(Middle)

2. Issuer Name and Ticker or Trading Symbol

BJs RESTAURANTS INC [BJRI]

3. Date of Earliest Transaction (Month/Day/Year)

03/09/2018

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to

Issuer

(Check all applicable)

OMB

Number:

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OMB APPROVAL

3235-0287

January 31,

2005

0.5

Director 10% Owner Other (specify _X__ Officer (give title below)

Chief Information Officer

6. Individual or Joint/Group Filing(Check

Applicable Line) _X_ Form filed by One Reporting Person

Form filed by More than One Reporting Person

HUNTINGTON BEACH, CA 92647

(Street)

(City)	(State)	(Zip) Tabl	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed o	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)		
Common Stock	03/09/2018	03/09/2018	S	598	D	\$ 44.24	3,318	D	
Common Stock	03/09/2018	03/09/2018	M	656	A	\$ 29.88	3,974	D	
Common Stock	03/09/2018	03/09/2018	S	656	D	\$ 44.21	3,318	D	
Common Stock	03/09/2018	03/09/2018	M	4,250	A	\$ 30.57	7,568	D	
Common Stock	03/09/2018	03/09/2018	S	4,250	D	\$ 44.21	3,318 (1)	D	

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number Transaction Derivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amour Underlying Securit (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amo or Num of Share
Non-Qualified Stock Options	\$ 30.57	03/09/2018	03/09/2018	M	4,250	02/25/2014	02/25/2023	Common Stock	4,2
Non-Qualified Stock Options	\$ 29.88	03/09/2018	03/09/2018	M	656	01/15/2015	01/15/2024	Common Stock	65

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Krakower Brian S 7755 CENTER AVENUE SUITE 300 HUNTINGTON BEACH, CA 92647

Chief Information Officer

Signatures

/s/ Jacob J. Guild, Attorney-in-Fact for Brian S. Krakower

03/12/2018

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Amount includes 2,820 of unvested Restricted Stock Units.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 2