Edgar Filing: CONAGRA FOODS INC /DE/ - Form 4

CONAGRA FOODS INC Form 4 July 13, 2016	C /DE/									
		GEGU				NOD		-	PPROVAL	
UNII	SECURITIES AND EXCHANGE COMM Washington, D.C. 20549						N OMB Number:	3235-0287		
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). Statement OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940							Estimated burden hou response	Estimated average burden hours per response 0.5		
(Print or Type Responses)										
1. Name and Address of Reporting Person <u>*</u> Ross Andrew George			er Name and GRA FO			-	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) (First) C/O CONAGRA FOODS W. MERCHANDISE MA PLAZA, STE 1300			of Earliest T Day/Year) 2016	ransaction			Director X Officer (give below)		% Owner er (specify	
(Street) 4. If Amendment, Date Original Filed(Month/Day/Year)						 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person 				
CHICAGO, IL 60654							Form filed by Person	More than One R	eporting	
(City) (State)	(Zip)	Tab	ole I - Non-l	Derivative	Secu	rities A	cquired, Disposed	of, or Beneficia	lly Owned	
1.Title of 2. Transaction I Security (Month/Day/Ye (Instr. 3)	Date 2A. Deem ear) Execution any (Month/Da	Date, if	3. Transactio Code (Instr. 8) Code V	4. Securit nAcquired Disposed (Instr. 3, 4 Amount	(A) or of (D) and and (A) or)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Indirect	
Reminder: Report on a separate	e line for each cl	ass of sec	urities bene	-		-	or indirectly.	otion of	SEC 1474	

Persons who respond to the collection of information contained in this form are not (9-02) required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code	TransactionDerivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Options (right to buy)	\$ 48.11	07/11/2016		А		39,054		<u>(1)</u>	07/10/2026	Common Stock	39,054
Restricted Stock Units	<u>(2)</u>	07/11/2016		А		6,509		(3)	<u>(3)</u>	Common Stock	6,509

Edgar Filing: CONAGRA FOODS INC /DE/ - Form 4

Reporting Owners

Reporting Owner Name / Address		Relationships						
		Director	10% Owner	Officer	Other			
Ross Andrew George C/O CONAGRA FOODS, INC. 222 W. MERCHANDISE MART PLAZ. CHICAGO, IL 60654	A, STE 1300			EVP and CSO				
Signatures								
/s/ Christine Herbas , Attorney-in-fact	07/13/2016							
**Signature of Reporting Person	Date							
Evalenction of Deenen								

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These stock options will become exercisable as to 33.33% on July 11, 2017, 33.33% on July 11, 2018, and 33.34% on July 11, 2019.
- (2) Each restricted stock unit represents a contingent right to receive one share of ConAgra Foods common stock upon settlement.
- (3) Restricted stock units vest on July 11, 2019, or earlier upon certain events.

Remarks:

Exhibit 24- Power of Attorney is attached

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.