ALEXANDERS J CORP

Form 4 May 11, 2012

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

OMB Number:

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SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

may continue. See Instruction 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * **DUNCAN E TOWNES**

2. Issuer Name and Ticker or Trading Symbol

ALEXANDERS J CORP [JAX]

Issuer

5. Relationship of Reporting Person(s) to

(Last)

(First)

(Middle)

(Check all applicable)

C/O SOLIDUS COMPANY,

3. Date of Earliest Transaction

(Month/Day/Year) 05/09/2012

_X__ Director 10% Owner Officer (give title _ Other (specify

L.P., 4015 HILLSBORO PIKE, **SUITE 214**

> (Street) 4. If Amendment, Date Original

> > Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

NASHVILLE, TN 37215

(City)	(State) (Z	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	on Date 2A. Deemed 2/Year) Execution Date, if any (Month/Day/Year)		4. Securities on(A) or Dispos (D) (Instr. 3, 4 and	sed of	5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock			Code V	(A or Amount (D		Reported Transaction(s) (Instr. 3 and 4) 177,046	I	See footnote (1)		
Common Stock	05/09/2012		M	1,000 A	\$ 3.15	6,208	D			
Common Stock						4,800	I	By Spouse		
Common Stock						2,160	I	By Parent		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)			6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options (right to buy)	\$ 3.15	05/09/2012		M		1,000	05/14/2003	05/14/2012	Common Stock	1,000

Reporting Owners

Relationships Reporting Owner Name / Address Director 10% Owner Officer Other **DUNCAN E TOWNES** C/O SOLIDUS COMPANY, L.P. X

4015 HILLSBORO PIKE, SUITE 214

NASHVILLE, TN 37215

Signatures

/s/ Jonathan D. Stanley, Attorney-in-Fact for E. Townes Duncan

05/11/2012

**Signature of Reporting Person

Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Represents the shares held directly by Solidus Company, L.P. (Solidus), a Tennessee limited partnership. Mr. Duncan is the Chief (1) Executive Officer of Solidus General Partner, LLC, which is the general partner of Solidus. Mr. Duncan disclaims beneficial ownership of any such shares that do not reflect his proportionate interest in Solidus.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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