

Edgar Filing: ABRAMS ALAN R - Form 4

(Instr. 3)	Price of Derivative Security	(Month/Day/Year)	(Instr. 8)	Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Appreciation Rights	\$ 2.09	03/22/2010	A	5,700					03/22/2013 ⁽¹⁾	03/22/2020	Common Stock	5,700
Stock Appreciation Rights	\$ 2.09	03/22/2010	A	5,700					03/22/2014 ⁽¹⁾	03/22/2020	Common Stock	5,700
Stock Appreciation Rights	\$ 2.09	03/22/2010	A	7,600					03/22/2015 ⁽¹⁾	03/22/2020	Common Stock	7,600

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
ABRAMS ALAN R	X	X	CEO and President	

Signatures

/s/ Rick A. Paternostro, as Attorney in Fact
03/24/2010

__Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) All stock appreciation rights shall vest and be exercisable on the tenth consecutive business day that a share of the Company's common stock has a closing price on NASDAQ at or above \$20.00 per share.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.