Spectra Energy Corp. Form 4 January 10, 2007

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

Washington, D.C. 20549

if no longer subject to Section 16. Form 4 or Form 5

Check this box

SECURITIES

obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *

Harris Alan N

2. Issuer Name and Ticker or Trading Symbol

Spectra Energy Corp. [SE]

(First) (Middle) (Last)

(Street)

5400 WESTHEIMER COURT

3. Date of Earliest Transaction

(Month/Day/Year) 01/08/2007

4. If Amendment, Date Original

Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to

OMB

Number:

Expires:

response...

Estimated average

burden hours per

OMB APPROVAL

3235-0287

January 31,

2005

0.5

Issuer

below)

(Check all applicable)

Director 10% Owner Other (specify X_ Officer (give title

Group VP & Chief Dev.Off.

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

HOUSTON, TX 77056-5310

(City) (State) (Zip)

(Month/Day/Year)

2. Transaction Date 2A. Deemed

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 3. 4. Securities

Execution Date, if (Month/Day/Year)

TransactionAcquired (A) or Code Disposed of (D) (Instr. 3, 4 and 5) (Instr. 8)

5. Amount of Securities Beneficially Owned Following

Transaction(s)

Reported

6. Ownership 7. Nature of Form: Direct Indirect (D) or Indirect Beneficial

Ownership (T) (Instr. 4) (Instr. 4)

(A)

(Instr. 3 and 4) Code V Amount (D) Price

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security

1. Title of

Security

(Instr. 3)

Conversion or Exercise

3. Transaction Date 3A. Deemed (Month/Day/Year)

Execution Date, if any

4. 5. Number Transaction of Derivative Expiration Date Code Securities

6. Date Exercisable and (Month/Day/Year)

7. Title and Amount of **Underlying Securities** (Instr. 3 and 4)

Edgar Filing: Spectra Energy Corp. - Form 4

(Instr. 3)	Price of Derivative Security		(Month/Day/Year)	(Instr. 8)	Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)				
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (Right to Buy) (1)	\$ 23.79	01/08/2007		A	2,000	01/08/2007	02/17/2008	Common Stock	2,000
Employee Stock Option (Right to Buy) (1)	\$ 25.53	01/08/2007		A	2,825	01/08/2007	02/17/2009	Common Stock	2,825
Employee Stock Option (Right to Buy) (1)	\$ 21.42	01/08/2007		A	5,250	01/08/2007	12/20/2009	Common Stock	5,250
Employee Stock Option (Right to Buy) (1)	\$ 36.86	01/08/2007		A	3,700	01/08/2007	12/20/2010	Common Stock	3,700
Employee Stock Option (Right to Buy) (1)	\$ 32.44	01/08/2007		A	4,100	01/08/2007	12/19/2011	Common Stock	4,100
Employee Stock Option (Right to Buy) (1)	\$ 33	01/08/2007		A	2,050	01/08/2007	01/17/2012	Common Stock	2,050
Employee Stock Option (Right to Buy) (1)	\$ 32.54	01/08/2007		A	1,350	01/08/2007	04/01/2012	Common Stock	1,350
Employee Stock	\$ 11.86	01/08/2007		A	1,600	02/25/2007	02/25/2013	Common Stock	1,600

Edgar Filing: Spectra Energy Corp. - Form 4

Option (Right to Buy) (1)

Employee

Stock

Option \$ 12.52 01/08/2007 A 700 04/01/2007 04/01/2013 Common Stock 700

(Right to Buy) $\frac{(1)}{}$

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Harris Alan N

5400 WESTHEIMER COURT Group VP & Chief Dev.Off. HOUSTON, TX 77056-5310

Signatures

Beverly J. Fite as Attorney in Fact for Alan N.

Harris.

01/10/2007

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

On January 2, 2007, Duke Energy Corporation distributed all of the shares of common stock of Spectra Energy Corp to Duke Energy shareholders. In connection with the distribution, the reporting person was granted stock options in partial substitution of stock options previously issued by Duke Energy. On January 8, 2007, the exercise price of the options described herein was calculated in accordance with the terms established by the Compensation Committee of the Board of Directors.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 3