Edgar Filing: LIFE TIME FITNESS INC - Form 4

LIFE TIME	FITNESS INC										
Form 4											
May 12, 200	6										
FORM	14		GEGUD			~~~	NGEO		OMB AF	PROVAL	
	UNITED	STATES		Shington,			NGE C	COMMISSION	OMB Number:	3235-0287	
Check th if no long							Expires:	January 31, 2005			
subject to STATEMENT O Section 16. Form 4 or		F CHAN	GES IN I SECUR		ICIA	NERSHIP OF	Estimated a burden hou response	verage			
Form 5 obligatio may cont <i>See</i> Instru 1(b).	ns Section 17(a	a) of the l	Public Ut		ing Con	npang	y Act of	e Act of 1934, 71935 or Section 0	1		
(Print or Type I	Responses)										
1. Name and Address of Reporting Person <u></u> HALPIN JAMES F			2. Issuer Name and Ticker or Trading Symbol LIFE TIME FITNESS INC [LTM]					5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (N	(liddle)	3. Date of Earliest Transaction					(Check all applicable)			
6442 CITY WEST PARKWAY			(Month/Day/Year) 05/10/2006					_X_Director10% Owner Officer (give titleOther (specify below) below)			
Filed(N				Amendment, Date Original Month/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 			
EDEN PRA	IRIE, MN 55344							Person			
(City)	(State)	(Zip)	Table	e I - Non-Do	erivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	(Month/Day/Year) Execution Date, if		3. 4. Securities Acquired Transactior(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or Code V Amount (D) Price			d of (D) 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
Common Stock								4,607	D		
Common Stock	05/10/2006			Р	1,000	А	\$ 48.66	1,000	I	By child	
Common Stock	05/10/2006			Р	1,000	А	\$ 48.66	1,000	I	By child	
Common Stock								40,000	Ι	By spouse	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)

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required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3,		ate	Secur	unt of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
				Code V	4, and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
HALPIN JAMES F 6442 CITY WEST PARKWAY EDEN PRAIRIE, MN 55344	Х							
Signatures								
/s/ Amy C. Seidel on behalf of Ja Halpin	0	05/12/2006						
**Signature of Reporting Person			Date					
Explanation of Poononcool								

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.