UST INC Form 4 March 16, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL OMB

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and AdNEFF PETE	•	rting Person *	2. Issuer Name and Ticker or Trading Symbol UST INC [UST]	5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(Check all applicable)			
C/O UST INC., 100 WEST PUTNAM AVENUE			(Month/Day/Year) 03/15/2005	X_ Director 10% Owner Officer (give title below) Other (specify below)			
(Street) GREENWICH, CT 06830			4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check			
			Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Table I Non Denivotive Securities Ac	guired Disposed of an Panaficially Owned			

(City)	(State)	Table I - Non-Derivative Securities Acquired, Disposed of, or Benefic							y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	ransactiomr Disposed of (D) ode (Instr. 3, 4 and 5) nstr. 8) (A) or			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
common stock	03/15/2005		M	1,500	A	\$ 28.2813	9,170	D	
common stock	03/15/2005		M	1,500	A	\$ 28.25	10,670	D	
common stock	03/15/2005		M	1,500	A	\$ 15.5313	12,170	D	
common stock	03/15/2005		M	10,000	A	\$ 15.0625	22,170	D	
common stock	03/15/2005		M	1,500	A	\$ 29.5	23,670	D	

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common stock 03/15/2005 S 16,000 D $^{\$}_{54.0377}$ 8,469 $^{(1)}_{}$ D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (Right to Buy)	\$ 28.2813	03/15/2005		M	1,500	11/06/1998	05/05/2008	Common Stock	1,500
Stock Option (Right to Buy)	\$ 28.25	03/15/2005		M	1,500	11/05/1999	05/04/2009	Common Stock	1,500
Stock Option (Right to Buy)	\$ 15.5313	03/15/2005		M	1,500	11/03/2000	05/02/2010	Common Stock	1,500
Stock Option (Right to Buy)	\$ 15.0625	03/15/2005		M	10,000	01/10/2001	07/09/2010	Common Stock	10,000
Stock Option (Right to Buy)	\$ 29.5	03/15/2005		M	1,500	11/02/2001	05/01/2011	Common Stock	1,500

Reporting Owners

Reporting Owner Name / Address Relationships

Reporting Owners 2

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Director 10% Owner Officer Other

NEFF PETER J C/O UST INC. 100 WEST PUTNAM AVENUE GREENWICH, CT 06830



Signatures

Maria R. Sharpe, by Power of Attorney

03/16/2005

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes a total of 799 shares held in the UST Dividend Reinvestment Plan as of this date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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