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Form 4 May 03, 200											
FORM	14								OMB AF	PROVAL	
	UNITED	STATES		XITIES A shington,			NGE C	COMMISSION	OMB Number:	3235-0287	
Check the				0 /					Expires:	January 31,	
if no longer subject to Section 16. Form 4 or Form 5				SECUR	ITIES				Estimated a burden hour response		
obligation may cont <i>See</i> Instru 1(b).	ns Section 17(a	a) of the P	ublic Ut		ling Con	npany	Act of	e Act of 1934, 1935 or Section 0	n		
(Print or Type F	Responses)										
Goodman John B Symbol				er Name and Ticker or Trading				5. Relationship of Reporting Person(s) to Issuer			
(Leet)				RIS INC				(Chec	k all applicable)	
			3. Date of Earliest Transaction (Month/Day/Year)					Director	10%	Owner	
6686 POINT	TE LAKE LUCY		05/01/20	-				X Officer (give below) SR V.P	title Other below) Tech. & Innov		
	(Street)			ndment, Da hth/Day/Year	-	1		6. Individual or Jo Applicable Line) _X_ Form filed by C	One Reporting Pe	rson	
CHANHAS	SEN, MN 55317							Person	lore than One Re	porting	
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deem Execution any (Month/D	Date, if	3. Transactio Code (Instr. 8)	4. Securi on(A) or Di (Instr. 3,	ispose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
				Code V	Amount	or (D)	Price	(Instr. 3 and 4)			
Common Stock	05/01/2007			М	1,200	A	\$ 5.9	180,178	D		
Common Stock	05/01/2007			S	1,200 (1)	D	\$ 11.65	178,978	D		
Common Stock								100,961	I	By 401(k) Plan	
Common Stock								40,000	Ι	By spouse	
Common Stock								5,389	I	Held in trust for child	

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Common Stock	5,389	Ι	Held in trust for child
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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	Transaction Derivative Code Securities		cisable and ate 'Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8 I S (,
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Employee Stock Option (Right to Buy)	\$ 5.9	05/01/2007		М	1,200	(2)	10/15/2012	Common Stock	1,200	

Reporting Owners

Reporting Owner Name / Address	Relationships							
I B	Director	10% Owner	Officer	Other				
Goodman John B 6686 POINTE LAKE LUCY CHANHASSEN, MN 55317			SR V.P Tech. & Innovation					
Signatures								
Peter W. Walcott, Attorney-in-Fact for John B. Goodman			05/02/2007					
<u>**</u> Signature of Reportin	g Person		Date					

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares were sold pursuant to a Rule 10b5-1 Trading Plan established by the Reporting Person on February 21, 2007.
- (2) This option is fully vested.
- (3) These options were acquired pursuant to an employee stock option plan that provided for the grant of options in consideration of services as an employee.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.