CHARLES & COLVARD LTD Form 8-K June 29, 2005

SECURITIES AND EXCHANGE COMMISSION

SECURITES 1	TID EXCITATIOE	COMMISSION
	Washington, D.C. 20549	
	FORM 8-K	
	CURRENT REPORT	
PURSUANT TO SECTION 13	OR 15(d) OF THE SECURIT	TIES EXCHANGE ACT OF 1934
June 28, 2005 (Date of earliest event re	eported)	Commission file number: 0-23329
Cha	arles & Colvard,	Ltd.
(Exa	ct name of registrant as specified in its cl	narter)
North Carolina (State or other jurisdiction of incorporation or organization)		56-1928817 (I.R.S. Employer Identification No.)
	300 Perimeter Park Drive, Suite A	
	Morrisville, North Carolina 27560	
	(Address of principal executive offices)	
	(Zip code)	

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(919) 468-0399

(Registrant s telephone number, including area code)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- " Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- " Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- " Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- " Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

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Item 7.01 Regulation FD Disclosure

On June 28, 2005, Charles & Colvard, Ltd. (the Company) issued a press release regarding an update to previously issued sales guidance for the second quarter of 2005 and announced that it was selected for inclusion by the Russell 3000® Index when the broadmarket index was reconstituted on June 24, 2005. A copy of this press release is attached as Exhibit 99.1.

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SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

Charles & Colvard, Ltd.

By: /s/ James R. Braun

James R. Braun Vice President of Finance and Chief Financial Officer

Date: June 29, 2005