CUMMINS LINDA M

Form 4

November 22, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287 Number:

OMB APPROVAL

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

January 31, Expires: 2005 Estimated average

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

burden hours per response... 0.5

See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * CUMMINS LINDA M	2. Issuer Name and Ticker or Trading Symbol ARVINMERITOR INC [ARM]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) (First) (Middle)	3. Date of Earliest Transaction	(Check air applicable)			
ARVINMERITOR, INC., 2135 WEST MAPLE ROAD	(Month/Day/Year) 11/22/2005	Director 10% Owner _X_ Officer (give title Other (specify below) Senior VP, Communications			
(Street)	4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check			
TROY, MI 48084	Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			

(City)	(State)	(Zip) Tab	le I - Non-	Derivative	Secu	rities A	acquired, Dispose	ed of, or Bene	ficially Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securi onAcquired Disposed (Instr. 3,	l (A) o l of (E))	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock			Code V	Amount	(D)	Price	4,600	I	Held jointly with spouse
Common Stock							7,575	I	ArvinMeritor Savings Plan
Common Stock	11/22/2005		D <u>(5)</u>	1,185	D	<u>(4)</u>	5,187 <u>(6)</u>	I	Restricted Stock (2)
Common Stock							6,398 <u>(6)</u>	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	n Date, if TransactionNumber Expiration Date Code of (Month/Day/Ye		ate	7. Title and A Underlying S (Instr. 3 and	8. Price Deriva Securit (Instr. :		
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Common Stock Share Equivalents	\$ 0					<u>(4)</u>	<u>(4)</u>	Common Stock	3,721	

Reporting Owners

Relationships Reporting Owner Name / Address

> Officer Other Director 10% Owner

CUMMINS LINDA M ARVINMERITOR, INC. 2135 WEST MAPLE ROAD TROY, MI 48084

Senior VP, Communications

Signatures

Linda M. Cummins, By Bonnie Wilkinson, Attorney-in-fact

11/22/2005

**Signature of Reporting Person

Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Shares purchased periodically and held in ArvinMeritor common stock funds in an employee benefit trust established under the ArvinMeritor, Inc. Savings Plan, based on information furnished by the Plan Administrator as of October 31, 2005.
- (2) Held by the issuer to implement restrictions on transfer unless and until certain conditions are met.

Reporting Owners 2

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- (3) Share equivalents related to ArvinMeritor common stock, held under ArvinMeritor's supplemental savings plan, based on information furnished by the Plan Administrator as of October 31, 2005.
- (4) Inapplicable.
- (5) Shares of restricted stock forfeited and returned to the issuer at the end of the three-year restricted period, because certain performance-based conditions to vesting were not satisfied.
- (6) Reflects a change in the form of beneficial ownership of 4,153 shares, from indirect to direct, due to vesting of restricted stock.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.