## Edgar Filing: NATURAL ALTERNATIVES INTERNATIONAL INC - Form 4

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NATURAL Form 4 March 02, 20	ALTERNATIVI	ES INTEI	RNATION	NAL INC							
									OMB AF	PROVAL	
FORM		ITIES A hington,			NGE C	OMMISSION	OMB Number:	3235-0287			
Check th if no long subject to Section 1 Form 4 o	ger <b>STATE</b> 16.	STATEMENT OF CHAN					LOW	NERSHIP OF	Expires: Estimated a burden hour response	ours per	
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940											
(Print or Type I	Responses)										
DAVIS JOE E Syn NA IN			Symbol NATUR	Name and	ERNAT	IVES	5	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
				INTERNATIONAL INC [NAII]					_X_ Director 10% Owner		
(Month				e of Earliest Transaction h/Day/Year) 5/2010				Officer (give titleOther (specify below) below)			
				ndment, Da th/Day/Year)	-	l		<ul> <li>6. Individual or Joint/Group Filing(Check</li> <li>Applicable Line)</li> <li>_X_ Form filed by One Reporting Person</li> <li> Form filed by More than One Reporting</li> </ul>			
SAN MAR	COS, CA 92078							Person	fore than One Re	porting	
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned							ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year)	) Execution any		3. Transactio Code (Instr. 8) Code V	(Instr. 3,	sposed	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
Common Stock	02/26/2010			М	796 <u>(1)</u>	А	\$ 7.722	27,796 <u>(4)</u>	D		
Common Stock								10,000 <u>(4)</u>	I	By self as trustee of the Davis Family Trust	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not (9-02) required to respond unless the form displays a currently valid OMB control

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#### number.

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	<ul> <li>5. Number of actionDerivative Securities</li> <li>8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)</li> </ul>		Derivative Expiration Date Securities (Month/Day/Year) Acquired (A) or Disposed of (D) (Instr. 3, 4,		7. Title and Amour Underlying Securit (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amo or Num of Sh
Non-Qualified Stock Option (right to buy)	\$ 7.722	02/26/2010		М		10,000	(2)	04/26/2010	Common Stock	10,0 (1

## **Reporting Owners**

Reporting Owner Name / Address		Relationsh				
1	Director	10% Owner	Officer	Other		
DAVIS JOE E 1185 LINDA VISTA DRIVE SAN MARCOS, CA 92078	Х					
Signatures						
/s/ Ken Wolf on behalf of Mr. 1	Davis und	ler a Power o	of			
Attorney					03/02/2010	
*****						

\*\*Signature of Reporting Person

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Stock option exercise was accomplished using a cashless, net exercise method that resulted in the issuance to Mr. Davis of a number of shares of common stock that was less than the total number of shares exercised pursuant to the option. The remaining shares underlying the option ware cancelled as payment for the average price based on a fair market value acual to the last reported sale price for the

- the option were cancelled as payment for the exercise price based on a fair market value equal to the last reported sale price for the common stock as reported by Nasdaq on February 26, 2010.
- (2) The securities were fully vested upon issuance on April 27, 2005.
- (3) This transaction represents an exercise of a non-qualified stock option.
- (4) In addition to the transaction reported, the total direct holdings have been adjusted from the amount previously reported to deduct 10,000 shares held indirectly by the Davis Family Trust but that were previously reported as held by Mr. Davis directly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Date