CAPITAL ONE FINANCIAL CORP

Form 4 May 29, 2008

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

5. Relationship of Reporting Person(s) to

January 31, 2005

0.5

Estimated average burden hours per

OMB APPROVAL

response...

if no longer subject to Section 16. Form 4 or

Check this box

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

2. Issuer Name and Ticker or Trading

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

FAIRBANK RICHARD D			Symbol CAPITAL ONE FINANCIAL CORP [COF]				CORP	Issuer (Check all applicable)				
(Last) (First) (Middle) 1680 CAPITAL ONE DRIVE			3. Date of Earliest Transaction (Month/Day/Year) 05/27/2008						_X_ Director 10% Owner _X_ Officer (give title Other (specify below)			
(Street) MCLEAN, VA 22102			4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting				
	(City)	(State)	(Zip)							Person		
		, , ,				n-D			_	uired, Disposed of		
	1.Title of Security (Month/Day/Year) Execution (Instr. 3) Execution any (Month/Day/Year)		n Date, if Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) Day/Year) (Instr. 8) (A) or					of (D)	Securities Ownership In Beneficially Form: Direct B Owned (D) or O Following Indirect (I) (I Reported (Instr. 4) Transaction(s) (Instr. 3 and 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
	Common Stock (1)	05/27/2008			M		14,634	A	\$ 33.77	2,452,795	D	
	Common Stock (1)	05/27/2008			S		500	D	\$ 47.86	2,452,295	D	
	Common Stock (1)	05/27/2008			S		100	D	\$ 47.91	2,452,195	D	
	Common Stock (1)	05/27/2008			S		100	D	\$ 47.93	2,452,095	D	
	Common Stock (1)	05/27/2008			S		100	D	\$ 47.95	2,451,995	D	

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Common Stock (1)	05/27/2008	S	200	D	\$ 47.97	2,451,795	D
Common Stock (1)	05/27/2008	S	100	D	\$ 47.98	2,451,695	D
Common Stock (1)	05/27/2008	S	100	D	\$ 48	2,451,595	D
Common Stock (1)	05/27/2008	S	100	D	\$ 48.01	2,451,495	D
Common Stock (1)	05/27/2008	S	200	D	\$ 48.02	2,451,295	D
Common Stock (1)	05/27/2008	S	200	D	\$ 48.03	2,451,095	D
Common Stock (1)	05/27/2008	S	200	D	\$ 48.04	2,450,895	D
Common Stock (1)	05/27/2008	S	300	D	\$ 48.09	2,450,595	D
Common Stock (1)	05/27/2008	S	200	D	\$ 48.1	2,450,395	D
Common Stock (1)	05/27/2008	S	200	D	\$ 48.11	2,450,195	D
Common Stock (1)	05/27/2008	S	200	D	\$ 48.12	2,449,995	D
Common Stock (1)	05/27/2008	S	100	D	\$ 48.13	2,449,895	D
Common Stock (1)	05/27/2008	S	300	D	\$ 48.14	2,449,595	D
Common Stock (1)	05/27/2008	S	300	D	\$ 48.15	2,449,295	D
Common Stock (1)	05/27/2008	S	500	D	\$ 48.16	2,448,795	D
Common Stock (1)	05/27/2008	S	400	D	\$ 48.17	2,448,395	D
Common Stock (1)	05/27/2008	S	200	D	\$ 48.18	2,448,195	D
Common Stock (1)	05/27/2008	S	200	D	\$ 48.19	2,447,995	D
Common Stock (1)	05/27/2008	S	100	D	\$ 48.2	2,447,895	D
Common Stock (1)	05/27/2008	S	300	D	\$ 48.2	2,447,595	D
	05/27/2008	S	200	D		2,447,395	D

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Common Stock (1)					\$ 48.21			
Common Stock (1)	05/27/2008	S	100	D	\$ 48.23	2,447,295	D	
Common Stock (1)	05/27/2008	S	300	D	\$ 48.25	2,446,995	D	
Common Stock						107,502	I	By Fairbank Morris

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	erivative Expiration Date (Month/Day/Year equired (A) Disposed of b) str. 3, 4,		7. Title Amoun Underly Securit (Instr. 3	nt of ying	8. Pr Deri Secu (Inst
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Employee Stock Option (Right to Buy)	\$ 33.77	05/27/2008		M	14,634	<u>(2)</u>	06/10/2008	COF	14,634	\$

Reporting Owners

Reporting Owner Name / Address	Relationships						
2	Director	10% Owner	Officer	Other			
FAIRBANK RICHARD D			Chairman,				
1680 CAPITAL ONE DRIVE	X		CEO and				
MCLEAN, VA 22102			President				

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Signatures

/s/ Tangela S. Richter (POA) on file for Richard D. Fairbank

05/29/2008

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- This transaction was executed pursuant to a trading plan entered into by the Reporting Person on February 1, 2007, in accordance with Rule 10b5-1 under the Securities Exchange Act of 1934, as amended.
- This option was subject to and received stockholder approval on April 29, 1999, and the performance-based vesting criteria of the option was satisfied on September 11, 2000, the date on which the fair market value of the common stock reached and remained at or above \$58.33 for at least ten trading days in any 30 calendar-day period. This requirement had to be satisfied on or before June 11, 2001.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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