CAPITAL ONE FINANCIAL CORP

Form 4

August 14, 2007

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number:

3235-0287

Expires:

January 31, 2005

Estimated average

burden hours per

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

5. Relationship of Reporting Person(s) to

Issuer

response... 0.5

OMB APPROVAL

Check this box if no longer subject to Section 16. Form 4 or Form 5

obligations may continue. See Instruction

1. Name and Address of Reporting Person *

FAIRBANK RICHARD D

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

SECURITIES

1(b).

(Print or Type Responses)

FAIRBANK RICHARD D				Symbol CAPITAL ONE FINANCIAL CORP [COF]					(Check all applicable)			
				3. Date of Earliest Transaction (Month/Day/Year) 08/10/2007					_X_ Director 10% Owner _X_ Officer (give title Other (specify below) below) Chairman, CEO and President			
				4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
	(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed o	f, or Beneficial	ly Owned	
	1.Title of Security (Instr. 3)	2. Transaction D (Month/Day/Yea	ar) Execution	med on Date, if Day/Year)	3. Transaction Code (Instr. 8)	4. Securi on(A) or Di (Instr. 3,	ispose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
	Common Stock (1) (2)	08/10/2007			S	100	D	\$ 67.84	2,210,770	D		
	Common Stock (1)	08/10/2007			S	100	D	\$ 67.89	2,210,670	D		
	Common Stock (1)	08/10/2007			S	100	D	\$ 67.92	2,210,570	D		
	Common Stock (1)	08/10/2007			S	100	D	\$ 67.93	2,210,470	D		
	Common Stock (1)	08/10/2007			S	100	D	\$ 67.94	2,210,370	D		

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Common Stock (1)	08/10/2007	S	400	D	\$ 67.96	2,209,970	D
Common Stock (1)	08/10/2007	S	100	D	\$ 67.97	2,209,870	D
Common Stock (1)	08/10/2007	S	300	D	\$ 68	2,209,570	D
Common Stock (1)	08/10/2007	S	300	D	\$ 68.01	2,209,270	D
Common Stock (1)	08/10/2007	S	200	D	\$ 68.02	2,209,070	D
Common Stock (1)	08/10/2007	S	600	D	\$ 68.03	2,208,470	D
Common Stock (1)	08/10/2007	S	200	D	\$ 68.04	2,208,270	D
Common Stock (1)	08/10/2007	S	100	D	\$ 68.05	2,208,170	D
Common Stock (1)	08/10/2007	S	100	D	\$ 68.06	2,208,070	D
Common Stock (1)	08/10/2007	S	200	D	\$ 68.07	2,207,870	D
Common Stock (1)	08/10/2007	S	200	D	\$ 68.08	2,207,670	D
Common Stock (1)	08/10/2007	S	100	D	\$ 68.09	2,207,570	D
Common Stock (1)	08/10/2007	S	200	D	\$ 68.1	2,207,370	D
Common Stock (1)	08/10/2007	S	100	D	\$ 68.12	2,207,270	D
Common Stock (1)	08/10/2007	S	200	D	\$ 68.13	2,207,070	D
Common Stock (1)	08/10/2007	S	200	D	\$ 68.14	2,206,870	D
Common Stock (1)	08/10/2007	S	200	D	\$ 68.15	2,206,670	D
Common Stock (1)	08/10/2007	S	200	D	\$ 68.16	2,206,470	D
Common Stock (1)	08/10/2007	S	100	D	\$ 68.17	2,206,370	D
Common Stock (1)	08/10/2007	S	200	D	\$ 68.19	2,206,170	D
	08/10/2007	S	200	D	\$ 68.2	2,205,970	D

Common Stock (1)								
Common Stock (1)	08/10/2007	S	200	D	\$ 68.21	2,205,770	D	
Common Stock (1)	08/10/2007	S	100	D	\$ 68.23	2,205,670	D	
Common Stock						107,502	I	By Fairbank Morris

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (Instr.		of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Amou Under Secur	rlying	8. Price of Derivative Security (Instr. 5)
				Code	v	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	

Relationships

Date

Reporting Owners

Reporting Owner Name / Address				
• 0	Director	10% Owner	Officer	Other
FAIRBANK RICHARD D 1680 CAPITAL ONE DRIVE MCLEAN, VA 22102	X		Chairman, CEO and President	
Signatures				
/s/ Tangela S. Richter (POA) on f Fairbank	ile for Richard	d D.	08/14/2007	

**Signature of Reporting Person

Reporting Owners 3

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This transaction was executed pursuant to a trading plan entered into by the Reporting Person on February 1, 2007, in accordance with Rule 10b5-1 under the Securities Exchange Act of 1934, as amended.
- (2) Due to SEC rules limiting the number of non-derivative transactions that can be reported on a single Form 4, this Form 4 is a continuation of the Form 4 filed for the same date listed above.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.