Edgar Filing: Krelle John S - Form 4

Krelle John S

Krelle John S Form 4									
January 04, 2 FORM	4 UNITED S	UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549							PPROVAL 3235-0287
Check thi if no long subject to Section 14 Form 4 of Form 5 obligation may conti <i>See</i> Instru 1(b).	6. Filed purst Section 17(a)	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 20(b) of the Invastment Company Act of 1940							
(Print or Type R	Responses)								
1. Name and A Krelle John	Symbol	-				5. Relationship of Reporting Person(s) to Issuer			
(Lost)	•	Symmetry Medical Inc. [SMA]				(Check all applicable)			
(Last) 3724 N. STA	(Month/D	3. Date of Earliest Transaction(Month/Day/Year)01/01/2010				X_ Director 10% Owner Officer (give title Other (specify below) below)			
	(Street) 4. If Amendm Filed(Month/D			dment, Date Original /Day/Year)			6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person		
WARSAW,	IN 46582						Form filed by Person	More than One R	eporting
(City)	(State) (Z	Zip) Tabl	e I - Non-D	erivative	Securi	ties Ac	quired, Disposed o	of, or Beneficia	lly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities TransactionAcquired (A) or Code Disposed of (D) (Instr. 8) (Instr. 3, 4 and 5) (A) or Code V Amount (D) Price		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock	01/01/2010		A	7,400 (1)	A	\$ 0	42,200	D	
Domindor: Don	ort on a senarate line f	or each class of secu	ritias barafi	cially own	ad dim	actly or	indirectly		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactic Code (Instr. 8)	of	;		7. Title and Amount of Underlying Securities (Instr. 3 and 4	8. Price of Derivative Security (Instr. 5)	
			Code V	(A) (D)	Date Exercisable	•	Title Amoun or Numbe of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
Krelle John S 3724 N. STATE RD. 15 WARSAW, IN 46582	Х						
Signatures							
David C. Milne, Attorney in Fact	01/04/2010						
<u>**</u> Signature of Reporting Person		Date					

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares were granted pursuant to the Company's 2004 Equity Incentive Plan, a plan approved by the Company's shareholders pursuant to Section 16b(3). The shares vest in equal amounts on the first three anniversaries of the date of grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.