CARTER HAROLD D

Form 4

Stock

Abraxas Petroleum

Common

Stock

November 18, 2009 **OMB APPROVAL** UNITED STATES SECURITIES AND EXCHANGE COMMISSION **OMB** 3235-0287 Washington, D.C. 20549 Number: Check this box January 31, Expires: if no longer 2005 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF subject to Estimated average **SECURITIES** Section 16. burden hours per Form 4 or response... 0.5 Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction 1(b). (Print or Type Responses) 1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading CARTER HAROLD D Issuer Symbol ABRAXAS PETROLEUM CORP (Check all applicable) [AXAS] (Last) (First) (Middle) 3. Date of Earliest Transaction X_ Director 10% Owner Other (specify Officer (give title (Month/Day/Year) below) 18803 MEISNER DRIVE 11/16/2009 (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting SAN ANTONO, TX 78258 Person (City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1.Title of 2. Transaction Date 2A. Deemed 7. Nature of 3. 4. Securities Acquired 5. Amount of 6. Security (Month/Day/Year) Execution Date, if Transaction(A) or Disposed of (D) Securities Ownership Indirect (Instr. 3) Code (Instr. 3, 4 and 5) Beneficially Form: Beneficial any Direct (D) (Month/Day/Year) (Instr. 8) Owned Ownership Following or Indirect (Instr. 4) Reported (I) (A) Transaction(s) (Instr. 4) or (Instr. 3 and 4) Amount (D) Price Abraxas Petroleum 15,000 A 11/16/2009 43,514 D M Common Stock **Abraxas** Petroleum Ι 7,577 **HBDC** Common

Retirement

Account

40,598

I

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

$\label{thm:convergence} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (e.g., puts, calls, warrants, options, convertible securities) \end{tabular}$

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount o Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amour or Number of Shar
Director Stock Option	\$ 1.41	11/16/2009		M		15,000	11/18/1999	11/18/2019	Abraxas Petroleum Common Stock	15,00
Director Stock Option	\$ 1.06						05/21/2009	05/21/2019	Abraxas Petroleum Common Stock	10,00
Director Stock Option	\$ 0.99						03/17/2010(1)	03/17/2019	Abraxas Petroleum Common Stock	50,00
Director Stock Option	\$ 4.5						05/21/2008	05/21/2018	Abraxas Petroleum Common Stock	10,00
Director Stock Option	\$ 4.32						06/26/2007	06/26/2017	Abraxas Petroleum Common Stock	10,00
Director Stock Option	\$ 4.51						05/25/2006	05/25/2016	Abraxas Petroleum Common Stock	10,00
Director Stock Option	\$ 2.75						06/01/2005	06/01/2015	Abraxas Petroleum Common Stock	10,00

Director Stock \$ 1.01 Option

09/15/2003 09/15/2013

Abraxas Petroleum Common Stock

45,00

Reporting Owners

Reporting Owner Name / Address

Director 10% Owner Officer Other

CARTER HAROLD D

18803 MEISNER DRIVE X

SAN ANTONO, TX 78258

Signatures

Harold D. Carter 11/18/2009

**Signature of Person Date

**Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Options vest 25% per year over four years beginning 3/17/2010.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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