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Spectra Energ Form 4	gy Corp.										
February 21,	2017										
FORM	4 UNITED S	STATES S		ITIES A hington,			NGE	COMMISSIO		APPROVAL 3235-0287	
Check thi		vv asi	inigion,	D.C. 20	547			Expires:	January 31,		
if no long subject to Section 1 Form 4 or Form 5	6.	STATEMENT OF CHANGES IN BENEFICIAL OV SECURITIES Filed pursuant to Section 16(a) of the Securities Exchar							Estimated burden ho response	ours per	
obligation may conti <i>See</i> Instru 1(b).	$\frac{18}{1000}$ Section 17(a	a) of the Pu	ıblic Uti		ling Con	ipany	Act	of 1935 or Secti			
(Print or Type R	Responses)										
1. Name and Address of Reporting Person <u>*</u> Sayavedra Laura Buss			2. Issuer Name and Ticker or Trading Symbol Spectra Energy Corp. [SE]					5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (N		3. Date of Earliest Transaction				(Check all applicable)				
			(Month/Day/Year) 02/16/2017					Director 10% Owner X Officer (give title Other (specify below) below) Vice President and Treasurer			
File			4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
HOUSTON,	, TX 77056							Person	whole than one	Reporting	
(City)	(State)	(Zip)	Table	e I - Non-D	erivative	Secur	ities Ac	equired, Disposed	of, or Benefici	ally Owned	
1.Title of Security (Instr. 3)	2. Transaction Date 2A. Deeme (Month/Day/Year) Execution I any (Month/Day		n Date, if TransactionAcquired (A) or Code Disposed of (D))	Owned Indirect (I) C				
				Code V	Amount	or (D)	Price	(Instr. 3 and 4)			
Common Stock	02/16/2017			М	155	A	\$0	11,984.023	D		
Common Stock	02/16/2017			D	155	D	<u>(1)</u>	11,829.023	D		
Common Stock								4,956.4857	Ι	Retirement Savings Plan	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transacti Code (Instr. 8)	onof Deriva Securi Acquin (A) or Dispos (D)	erivative (Month/Day/Year) ecurities cquired A) or isposed of D) nstr. 3, 4,			7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
			Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
LTIP Phantom Merit Stock Grant Feb 2016	<u>(2)</u>	02/16/2017	М		155	02/16/2017 <u>(3)</u>	02/16/2017	Common Stock	155
Phantom Stock	<u>(2)</u>	02/16/2017	А	155		(4)	(5)	Common Stock	155

Reporting Owners

Reporting Owner Name / Address	Relationships						
L O	Director	10% Owner	Officer	Other			
Sayavedra Laura Buss 5400 WESTHEIMER COURT HOUSTON, TX 77056			Vice President and Treasurer				
Signatures							

/s/ Annachiara Jones, 02/21/2017 attorney-in-fact

**Signature of Reporting Person

Date

Explanation of Responses:

If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Upon the vesting of the performance shares, the reporting person deferred receipt of 155 units of common stock into her executive (1) savings plan account. As a result, the reporting person is reporting the disposition of the 155 shares of common stock into her executive savings plan account.

- (2) Converts to Common Stock on a 1-for-1 basis.
- (3) Grant cliff vests in one year
- (4) Payable upon termination of employment or occurrence of other events as specified in the Spectra Energy Corp Executive Savings Plan, subject to holding periods required by law.
- (5) Expiration date not applicable.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.