Edgar Filing: COTTINGHAM JOHN A - Form 4

COTTINGE Form 4 December 1	IAM JOHN A 7, 2009											
									OMB AF	PPROVAL		
FORM	4 UNITED	STATES S			AND EX 1, D.C. 20		NGE C	OMMISSION	OMB Number:	3235-0287		
Check th					Expires:	January 31,						
if no lon subject t Section Form 4 o Form 5 obligatio	o STATEN 16. or Filed pur	suant to Se	ction 1	NERSHIP OF e Act of 1934, 1935 or Sectior	Estimated a burden hou response	•						
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940 1(b).												
(Print or Type	Responses)											
COTTINGHAM JOHN A S					d Ticker of		-	5. Relationship of Reporting Person(s) to Issuer				
			Life Technologies Corp [LIFE]					(Check all applicable)				
(N				f Earliest T Day/Year) 009	ransaction			Director 10% Owner X_ Officer (give title Other (specify below) below) SVP, Chief Legal Officer				
	(Street)	4	. If Ame	endment, D	ate Origina	al		6. Individual or Joint/Group Filing(Check				
Filed(Month CARLSBAD, CA 92008					th/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person							
(City)	(State)	(Zip)	Tabl	e I - Non-	Derivative	Securi	ities Acq	uired, Disposed of	, or Beneficial	ly Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deeme Execution I any (Month/Day	and 3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) Day/Year) (Instr. 8) (A)					5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6.7. Nature ofOwnershipIndirectForm: DirectBeneficial(D) orOwnershipIndirect (I)(Instr. 4)(Instr. 4)			
				Code V	Amount	or t (D)	Price	(Instr. 3 and 4)				
Common Stock (1)	12/15/2009	12/15/200	09	М	10,126	А	\$ 35.34	28,266	D			
Common Stock (2)	12/15/2009	12/15/200)9	М	10,000	А	\$ 22.82	38,266	D			
Common Stock (3)	12/15/2009	12/15/200)9	М	39,874	А	\$ 35.34	78,140	D			
Common Stock (4)	12/15/2009	12/15/200)9	S	10,126	D	\$ 52	68,014	D			
Common Stock (5)	12/15/2009	12/15/200)9	S	10,000	D	\$ 52	58,014	D			

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Common	12/15/2009	12/15/2000	C	20.074	р	\$ 50	10 140	D
Stock (6)	12/15/2009	12/15/2009	3	39,874	D	\$ 32	18,140	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Expiration Date Und		Underlying S	7. Title and Amount of Jnderlying Securities Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Options (1)	\$ 35.34	12/15/2009	12/15/2009	М	10,126	01/04/2002	01/04/2011	Common Stock	10,126	
Stock Options	\$ 22.82	12/15/2009	12/15/2009	М	10,000	02/28/2003	02/28/2012	Common Stock	10,000	
Stock Options	\$ 35.34	12/15/2009	12/15/2009	М	39,874	01/04/2002	01/04/2011	Common Stock	39,874	

Reporting Owners

Reporting Owner Name / Address			Relationships			
	Director	10% Owner	Officer	Other		
COTTINGHAM JOHN A 5791 VAN ALLEN WAY CARLSBAD, CA 92008			SVP, Chief Legal Officer			
Signatures						
/s/ David Szekeres, POA	12/17/200	9				
<u>**</u> Signature of Reporting Person	Date					

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Options exercised from Grant #2400
- (2) Options exercised from Grant #4411
- (3) Options exercised from Grant #2401
- (4) Options sold from Grant #2400 due to a 10b5-1 trading plan
- (5) Options sold from Grant #4411 due to a 10b5-1 trading plan
- (6) Options sold from Grant #2401 due to a 10b5-1 trading plan

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.