Navios Maritime Holdings Inc. Form SC 13D December 01, 2008

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549
SCHEDULE 13D
Under the Securities Exchange Act of 1934

Navios Maritime Holdings Inc.

(Name of Issuer)

Common Stock

(Title of Class of Securities)

029107823

(CUSIP Number)

Golden Ocean Group Limited
Par-La-Ville Place
14 Par-La-Ville Road
Hamilton HM 08
Bermuda
(441)295-6935

With a copy to:
Gary J. Wolfe, Esq.
Seward & Kissel LLP
One Battery Park Plaza
New York, New York 10004
(212) 574-1200

(Name, Address and Telephone Number of Person Authorized to Receive Notices and Communications)

November 26, 2008
----(Date of Event which Requires Filing of this Statement)

If the filing person has previously filed a statement on Schedule 13G to report the acquisition which is the subject of this Schedule 13D, and is filing this schedule because of Rule 13d-1(e), Rule 13d-1(f) or Rule 13d-1(g), check the following box [].

*The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter disclosures provided in a prior cover page.

The information required on the remainder of this cover page shall not be deemed to be "filed" for the purpose of Section 18 of the Securities Exchange Act of1934 ("Act") or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).

CUS	IP NO. 029107823	SCHEDU	LE 13D				
	NAME OF REPORT	NG PERSON		 lden Ocean			
	S.S. OR I.R.S.	IDENTIFICATION NO. OF A	BOVE PERSON				
2.	CHECK THE APPRO	PRIATE BOX IF A MEMBER	OF A GROUP			(a) (b)	
3.	SEC USE ONLY						
4.	SOURCE OF FUNDS	*					WC
5.		SCLOSURE OF LEGAL PROCE MS 2(d) or 2(e)	EDINGS IS REQU				[]
6.		PLACE OF ORGANIZATION				 Berm	
		7. SOLE VOTING POWER					-0-
	NUMBER OF SHARES BENEFICIALLY	8. SHARED VOTING POWE			5,	 275 ,	
	OWNED BY EACH PERSON WITH	9. SOLE DISPOSITIVE P					-0-
		10. SHARED DISPOSITIVE	POWER		 5,	 275 ,	145
11.	AGGREGATE AMOUN	T BENEFICIALLY OWNED BY	EACH REPORTING	G PERSON	5 ,	 275 ,	145
12.	CHECK BOX IF TH	E AGGREGATE AMOUNT IN R	OW (11) EXCLUDI	 ES			[]
13.		S REPRESENTED BY AMOUNT					.2%
14.	TYPE OF REPORT	NG PERSON					CO
CUS	IP NO. 029107823	SCHEDU	LE 13D				
1.	NAME OF REPORT	 NG PERSON		Hemen H			

S.S. OR I.R.S. IDENTIFICATION NO. OF ABOVE PERSON

2.	CHECK THE APPR	DPRIATE BOX IF A MEMBER OF A GROUP*	(a) [x] (b) []
	SEC USE ONLY		
	SOURCE OF FUND		AE
	PURSUANT TO IT	ISCLOSURE OF LEGAL PROCEEDINGS IS REQUIRED EMS 2(d) or 2(e)	[]
		PLACE OF ORGANIZATION	Cyprus
		7. SOLE VOTING POWER	-0-
	BENEFICIALLY	8. SHARED VOTING POWER	5,275,145
		9. SOLE DISPOSITIVE POWER	-0-
		10. SHARED DISPOSITIVE POWER	5,275,145
11.	AGGREGATE AMOU	NT BENEFICIALLY OWNED BY EACH REPORTING PERSON	5,275,145
12.	CHECK BOX IF T	HE AGGREGATE AMOUNT IN ROW (11) EXCLUDES	[]
		SS REPRESENTED BY AMOUNT IN ROW (11)	5.29
	TYPE OF REPORT	ING PERSON	CC
CUS	IP NO. 02910782	3 SCHEDULE 13D	
1.	NAME OF REPORT	ING PERSON	John Fredrikser
		IDENTIFICATION NO. OF ABOVE PERSON	
2.		OPRIATE BOX IF A MEMBER OF A GROUP*	(a) [x] (b) []

3.	3. SEC USE ONLY				
4.	. SOURCE OF FUNDS*				
5.	5. CHECK BOX IF DISCLOSURE OF LEGAL PROCEEDINGS IS REQUIRED PURSUANT TO ITEMS 2(d) or 2(e)				
6.	6. CITIZENSHIP OR PLACE OF ORGANIZATION Cyprus				
	BENEFICIALLY	7. SOLE VOTING POWER -0-			
		8. SHARED VOTING POWER	5,275,145		
	OWNED BY EACH PERSON WITH	9. SOLE DISPOSITIVE POWER	-0-		
		10. SHARED DISPOSITIVE POWER	5,275,145		
11.	AGGREGATE AMOU	NT BENEFICIALLY OWNED BY EACH REPORTING PERSON	5,275,145		
		HE AGGREGATE AMOUNT IN ROW (11) EXCLUDES S	[]		
13.	PERCENT OF CL	ASS REPRESENTED BY AMOUNT IN ROW (11)	5.2%		
14.	TYPE OF REPORT	ING PERSON	IN		
CUS	IP NO. 02910782				
Ite	m 1. Security	and Issuer			
	Issuer. The pr	13D relates to shares of common stock (the "Common incipal executive office and mailing address of the reet, Piraeus, Greece 185 38.	Issuer is		
Ite	m 2. Identity	and Background			
	This Schedule 13D is being filed on behalf of:				
	(i) Golden Ocean Group Limited, a Bermuda corporation ("Golden Ocean");				
	(ii) Hemen Holding Limited, a Cyprus holding company ("Hemen"); and				
	(iii) John Fredriksen, a Cyprus citizen ("Mr. Fredriksen").				

Golden Ocean, Hemen and Mr. Fredriksen are collectively referred to as the "Reporting Persons."

Hemen is the principal shareholder of Golden Ocean. Mr. Fredriksen indirectly controls Hemen and is the Chairman, Chief Executive Officer, President and a Director of Golden Ocean.

John Fredriksen

Geir Karlsen

(a, b, c) (i) The address of Golden Ocean's principal place of business is Par-La-Ville Place, 14 Par-La-Ville Road, Hamilton HM 08, Bermuda. The principal business of Golden Ocean is the international seaborne transportation of dry bulk cargoes. The name, citizenship, present principal occupation and the name, principal business and address of any corporation or other organization in which such employment is conducted of each executive officer and director of Golden Ocean is set forth below. Unless otherwise indicated, the present principal occupation of each person is with Golden Ocean. If no business address is given, the director's or executive officer's address is Par-La-Ville Place, 14 Par-La-Ville Road, Hamilton HM 08, Bermuda.

Chairman, Chief Executive

Officer and President

		President of Frontline Ltd., a Berm and his principal business address Frontline Ltd., 4th, 14 Par-la-Vill Hamilton HM 08, Bermuda.
Tor Olav Troim	Vice President and Director	Mr. Troim is a citizen of Norway. M principal business address is c/o S 14 Par-la-Ville Road, Hamilton HM O Mr. Troim also serves as a Director International Limited, an international shipping company.
Kate Blankenship	Director	Ms. Blankenship is a citizen of the Kingdom. Ms. Blankenship's princip address is c/o Frontline Ltd., 4th Par-la-Ville Place, 14 Par-la-Ville Hamilton HM 08, Bermuda. Ms. Blanke serves as a Director of Frontline I LNG Ltd., Ship Finance Internationa and Knightsbridge Tankers Limited.
Hans Christian Borresen	Director	Mr. Borresen is a citizen of Norway Borresen's present principal occupa managing director of Ring Eindomsme real estate broking company and his business address is Christian Frede 4, 0154 Oslo, Norway.
Herman Billung	Chief Executive Officer of Golden Ocean Management AS	Mr. Billung is a citizen of Norway. Ocean Management AS is a wholly own subsidiary of Golden Ocean, and its business is the commercial manageme

Ocean's shipowning subsidiaries, in chartering and insurance. Golden Oceanicipal addresses are Bryggegata P.O.Box 2005-Vika 0125 Oslo, Norway

Chief Financial Officer of Mr. Karlsen is a citizen of Norway.

Mr. Fredriksen is a citizen of Cypr

Fredriksen's present principal occurrence the Chairman, Chief Executive Office

Golden Ocean Management AS

Ocean Management AS is a wholly own subsidiary of Golden Ocean, and its business is the commercial manageme Ocean's shipowning subsidiaries, in chartering and insurance. Golden Ocprincipal addresses are Bryggegata P.O.Box 2005-Vika 0125 Oslo, Norway.

(ii) The address of Hemen's principal place of business is c/o Seatankers Management Co. Ltd., P.O. Box 53562, CY3399 Limassol, Cyprus. The principal business of Hemen is acting as an investment holding company. The name, citizenship, present principal occupation and the name, principal business and address of any corporation or other organization in which such employment is conducted of Hemen's director is set forth below. Hemen does not have any executive officers.

Dimitris Hannas	Director	Mr. Hannas is a citizen of Cyprus. principal business address is Deana Apartments, Block 1, 4th Floor, Prom Eleftherias Street, Ayios Athanasios Limassol, Cyprus.
Kyriakos Kazamias	Director	Mr. Kazamias' principal business add Deana Beach Apartments, Block 1, 4th Promachon Eleftherias Street,

Costas Pallaris	Director	Mr. Pallaris' principal business add
		Deana Beach Apartments, Block 1, 4th
		Promachon Eleftherias Street,

Ayios Athanasios, CY - 4103 Limassol Mr. Pallaris is a citizen of Cyprus.

Ayios Athanasios, CY - 4103 Limassol Mr. Kazamias is a citizen of Cyprus.

(iii) Mr. Fredriksen is a citizen of Cyprus and his present principal occupation is as Chairman, Chief Executive Officer, President and a Director of Frontline. Mr. Fredriksen's principal business address is c/o Frontline Ltd., 4th Floor, Par-la-Ville Place, 14 Par-la-Ville Road, Hamilton HM 08, Bermuda. (d, e) To the best knowledge of the Reporting Persons, none of the entities or persons identified in this Item 2 have been convicted of any criminal proceeding (excluding traffic violations or similar misdemeanors), nor been a party to a civil proceeding of a judicial or administrative body of competent jurisdiction and as a result of such proceeding was or is subject to a judgment, decree or final order enjoining future violations of, or prohibiting or mandating activities subject to, federal or state securities laws or finding any violation with respect to such laws.

Item 3. Source and Amount of Funds or Other Consideration

The source of funds for the purchases of 5,275,145 shares (the "Shares") of Common Stock held in the account of Golden Ocean was \$48,052,151, representing the working capital of Golden Ocean.

None of the other persons named in response to Item 2 hold any shares of Common Stock in their accounts.

Item 4. Purpose of Transaction

The Reporting Persons have acquired their Shares of the Issuer for investment.

The Reporting Persons evaluate their investment in the Shares on a continual basis. The Reporting Persons have no plans or proposals as of the date of this filing which, other than as expressly set forth below, relate to, or would result in, any of the actions enumerated in Item 4 of the instructions to Schedule 13D.

The Reporting Persons reserve the right to be in contact with members of the Issuer's management, the members of the Issuer's Board of Directors, other significant shareholders and others regarding alternatives that the Issuer could employ to increase shareholder value.

The Reporting Persons reserve the right to effect transactions that would change the number of shares they may be deemed to beneficially own.

The Reporting Persons further reserve the right to act in concert with any other shareholders of the Issuer, or other persons, for a common purpose should it determine to do so, and/or to recommend courses of action to the Issuer's management, the Issuer's Board of Directors, the Issuer's shareholders and others.

Item 5. Interest in Securities of the Issuer

(a), (b) According to the Issuer's Report on Form 6-K furnished to the U.S. Securities and Exchange Commission on November 18, 2008, there were 100,816,958 shares of issued and outstanding common stock of the Issuer as of the date thereof. Based on such information, the Reporting Person reports beneficial ownership of the following shares of Common Stock:

Golden Ocean may be deemed to beneficially own 5,275,145 shares of Common Stock, representing approximately 5.2% of the outstanding shares of Common Stock of the Issuer. Frontline has the sole power to vote 0 shares of Common Stock and the shared power to vote 5,275,145 shares of Common Stock. Golden Ocean has the sole power to dispose of 0 shares of Common Stock and the shared power to dispose of 5,275,145 shares of Common Stock.

Hemen may be deemed to beneficially own 5,275,145 shares of Common Stock, representing approximately 5.2% of the outstanding shares of Common Stock of the Issuer. Hemen has the sole power to vote 0 shares of Common Stock and the shared power to vote 5,275,145 shares of Common Stock. Hemen has the sole power to dispose of 0 shares of Common Stock and the shared power to dispose of 5,275,145 shares of Common Stock.

Mr. Fredriksen may be deemed to beneficially own 5,275,145 shares of Common Stock, representing approximately 5.2% of the outstanding shares of Common Stock of the Issuer. Mr. Fredriksen has the sole power to vote 0 shares of Common Stock and the shared power to vote 5,275,145 shares of Common Stock. Mr. Fredriksen has the sole power to dispose of 0 shares of Common Stock and the shared power to dispose of 5,275,145 shares of Common Stock.

None of the other persons named in response to Item 2 have the sole power to vote or to direct the vote, the shared power to vote or direct the vote, the sole power to dispose or to direct the disposition of the shares of Common Stock

that are the subject of this Statement.

- (c) Exhibit B annexed hereto lists all transactions not previously reported in the shares of Common Stock during the past sixty days by the Reporting Persons. All of such transactions were effected through authorized brokers by Golden Ocean. None of the other Reporting Persons, and to the best of the Reporting Person's knowledge, none of the other persons named in response to Item 2, were involved in any transactions in shares of Common Stock during the past sixty days.
- (d) No other person is known to have the right to receive or the power to direct the receipt of dividends from, or the proceeds from the sale of, any of the Issuer's Common Stock beneficially owned by the Reporting Persons.
 - (e) Not Applicable.

Item 6. Contracts, Arrangements, Understandings or Relationships with Respect to Securities of the Issuer

Not Applicable.

Item 7. Material to be Filed as Exhibits

Exhibit A - Joint Filing Undertaking.

Exhibit B - Transactions in the Common Stock by Golden Ocean Group Limited.

SIGNATURES

After reasonable inquiry and to the best of our knowledge and belief, the undersigned certify that the information set forth in this statement is true, complete and correct.

Dated: December 1, 2008

Golden Ocean Group Limited

By: /s/ Herman Billung

Name: Herman Billung

Title: Acting Principal Executive Officer

HEMEN HOLDING LIMITED

By: /s/ Dimitris Hannas

Name: Dimitris Hannas

Title: Director

JOHN FREDRIKSEN

By: /s/ John Fredriksen

Name: John Fredriksen

Exhibit A

JOINT FILING UNDERTAKING

The undersigned, being duly authorized thereunto, hereby executes this agreement as an exhibit to this Schedule 13D with respect to the shares of Common Stock of Navios Maritime Holdings Inc. to evidence the agreement of the below-named parties, in accordance with the rules promulgated pursuant to the Securities Exchange Act of 1934, as amended, to file this Schedule 13D jointly on behalf of each such party.

Dated: December 1, 2008

Golden Ocean Group Limited

By: /s/ Herman Billung _____

Name: Herman Billung

Title: Acting Principal Executive Officer

HEMEN HOLDING LIMITED

By: /s/ Dimitris Hannas _____

Name: Dimitris Hannas

Title: Director

JOHN FREDRIKSEN

By: /s/ John Fredriksen _____ Name: John Fredriksen

Exhibit B

TRANSACTIONS IN THE COMMON STOCK BY GOLDEN OCEAN GROUP LIMITED

Date of	Number of Shares	
Transaction	Purchased/(Sold)	Price per Share
November 26, 2008	1,000	\$1.51

SK 25875 0003 920236