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INTEGRA LIFESCIENCES HOLDINGS CORP

Form 4

September 04, 2008

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

5. Relationship of Reporting Person(s) to

3235-0287

0.5

January 31, Expires: 2005

OMB APPROVAL

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if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

See Instruction

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

CARLOZZI GERARD S			Symbol						Issuer			
	INTEGRA LIFESCIENCES HOLDINGS CORP [IART]						(Check all applicable)					
(Last)	(First) (Middle)	3. Date of Earliest Transaction (Month/Day/Year) 09/02/2008					Director 10% Owner X Officer (give title Other (specify below) Executive Vice President & COO				
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)				- -	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(State)	(Zip)	Tab	ole I - N	on-	Derivative	Secui	rities Acqu	ired, Disposed of,	or Beneficiall	y Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemo Execution any (Month/Da	Date, if	3. Transa Code (Instr.	8)	4. Securiti	ed of (5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	09/02/2008			M		1,587	A	\$ 32.32	4,672	D		
Common Stock	09/02/2008			M		8,160	A	\$ 35.52	12,832	D		
Common Stock	09/02/2008			M		2,656	A	\$ 38.72	15,488	D		
Common Stock	09/02/2008			M		3,665	A	\$ 30.25	19,153	D		
Common stock	09/02/2008			M		173	A	\$ 35.52	19,326	D		

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Common Stock 09/02/2008 S 16,241 D \$ 48.6032 3,085 D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number Transaction Derivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount Underlying Securitie (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amour or Number of Shares
Non-Qualified Stock Option (right to buy)	\$ 30.25	09/02/2008		M	3,665	<u>(1)</u>	07/26/2011	Common stock	3,66
Non-Qualified Stock Option (right to buy)	\$ 32.32	09/02/2008		M	1,587	(2)	06/01/2010	Common Stock	1,58
Non-Qualified Stock Option (right to buy)	\$ 35.52	09/02/2008		M	8,160	(3)	11/15/2010	Common Stock	8,16
Non-Qualified Stock Option (right to buy)	\$ 38.72	09/02/2008		M	2,656	<u>(4)</u>	02/01/2011	Common Stock	2,65
Incentive Stock Option 9right to buy)	\$ 35.52	09/02/2008		M	173	(3)	11/15/2010	Common Stock	173

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
CARLOZZI GERARD S			Executive Vice President & COO				

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Signatures

/s/ Kathryn Lamping, Attorney-in-fact

09/04/2008

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) 25% of the option vested every year for four years from the grant date 7/26/05.
- (2) 25% of the option vested one year after 6/1/2004 and the remaining 75% vested monthly thereafer over 36 months
- (3) 25% of the option vested one year after 11/15/2004 and the remaining 75% vested monthly thereafer over 36 months
- (4) 25% of the option vested one year after 2/1/2005 and the remaining 75% vested monthly thereafer over 36 months

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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