

ST MARY LAND & EXPLORATION CO  
 Form 4  
 November 10, 2005

**FORM 4**

UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
 Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
 CONGDON THOMAS E

2. Issuer Name and Ticker or Trading Symbol  
 ST MARY LAND & EXPLORATION CO [SM]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)  
 1776 LINCOLN ST, STE 700  
 (Street)

3. Date of Earliest Transaction (Month/Day/Year)  
 03/02/2005

Director  10% Owner  
 Officer (give title below)  Other (specify below)

DENVER, CO 80203

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

(City) (State) (Zip)

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount (A) or (D) Price		
Common Stock; \$.01 Par Value	03/02/2005		G	V	8,000 <sup>(1)</sup>	D	
					\$ 0		
Common Stock; \$.01 Par Value	11/08/2005		S		400 <sup>(3)</sup>	D	By Self as VP of Argentum Foundation
					\$ 34.08		
Common Stock; \$.01 Par Value	11/08/2005		S		100 <sup>(3)</sup>	D	By Self as VP of Argentum Foundation
					\$ 34.07		

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Common Stock; \$0.01 Par Value	11/08/2005	S	900 <sup>(3)</sup>	D	\$ 34.06	107,128 <sup>(2)</sup> <u>(3)</u>	I	By Self as VP of Argentum Foundation
Common Stock; \$0.01 Par Value	11/08/2005	S	200 <sup>(3)</sup>	D	\$ 34.05	107,128 <sup>(2)</sup> <u>(3)</u>	I	By Self as VP of Argentum Foundation
Common Stock; \$0.01 Par Value	11/08/2005	S	1,400 <sup>(3)</sup>	D	\$ 34.04	107,128 <sup>(2)</sup> <u>(3)</u>	I	By Self as VP of Argentum Foundation
Common Stock; \$0.01 Par Value	11/08/2005	S	400 <sup>(3)</sup>	D	\$ 34.03	107,128 <sup>(2)</sup> <u>(3)</u>	I	By Self as VP of Argentum Foundation
Common Stock; \$0.01 Par Value	11/08/2005	S	500 <sup>(3)</sup>	D	\$ 34.02	107,128 <sup>(2)</sup> <u>(3)</u>	I	By Self as VP of Argentum Foundation
Common Stock; \$0.01 Par Value	11/08/2005	S	1,300 <sup>(3)</sup>	D	\$ 34.01	107,128 <sup>(2)</sup> <u>(3)</u>	I	By Self as VP of Argentum Foundation
Common Stock; \$0.01 Par Value	11/08/2005	S	2,500 <sup>(3)</sup>	D	\$ 34	107,128 <sup>(2)</sup> <u>(3)</u>	I	By Self as VP of Argentum Foundation
Common Stock; \$0.01 Par Value	11/08/2005	S	2,900 <sup>(3)</sup>	D	\$ 33.99	107,128 <sup>(2)</sup> <u>(3)</u>	I	By Self as VP of Argentum Foundation
Common Stock; \$0.01 Par Value	11/08/2005	S	2,900 <sup>(3)</sup>	D	\$ 33.98	107,128 <sup>(2)</sup> <u>(3)</u>	I	By Self as VP of Argentum Foundation
Common Stock; \$0.01 Par Value	11/08/2005	S	1,900 <sup>(3)</sup>	D	\$ 33.97	107,128 <sup>(2)</sup> <u>(3)</u>	I	By Self as VP of Argentum Foundation
Common Stock; \$0.01 Par Value	11/08/2005	S	600 <sup>(3)</sup>	D	\$ 33.96	107,128 <sup>(2)</sup> <u>(3)</u>	I	By Self as VP for Argentum Foundation
	11/08/2005	S		D			I	

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Common Stock; \$0.01 Par Value			2,100 <u>(3)</u>		\$ 33.95	107,128 <sup>(2)</sup> <u>(3)</u>		By Self as VP of Argentum Foundation
Common Stock; \$0.01 Par Value	11/08/2005	S	2,200 <u>(3)</u>	D	\$ 33.94	107,128 <sup>(2)</sup> <u>(3)</u>	I	By Self as VP of Argentum Foundation
Common Stock; \$0.01 Par Value	11/08/2005	S	1,100 <u>(3)</u>	D	\$ 33.93	107,128 <sup>(2)</sup> <u>(3)</u>	I	By Self as VP of Argentum Foundation
Common Stock; \$0.01 Par Value	11/05/2005	S	500 <sup>(3)</sup>	D	\$ 33.92	107,128 <sup>(2)</sup> <u>(3)</u>	I	By Self as VP of Argentum Foundation
Common Stock; \$0.01 Par Value	11/08/2005	S	3,400 <u>(3)</u>	D	\$ 33.91	107,128 <sup>(2)</sup> <u>(3)</u>	I	By Self as VP of Argentum Foundation
Common Stock; \$0.01 Par Value	11/08/2005	S	21,100 <u>(3)</u>	D	\$ 33.9	107,128 <sup>(2)</sup> <u>(3)</u>	I	By Self as VP of Argentum Foundation
Common Stock; \$0.01 Par Value	11/08/2005	S	1,200 <u>(3)</u>	D	\$ 33.89	107,128 <sup>(2)</sup> <u>(3)</u>	I	By Self as VP of Argentum Foundation
Common Stock; \$0.01 Par Value	11/08/2005	S	300 <sup>(3)</sup>	D	\$ 33.88	107,128 <sup>(2)</sup> <u>(3)</u>	I	By Self as VP of Argentum Foundation
Common Stock; \$0.01 Par Value	11/08/2005	S	700 <sup>(3)</sup>	D	\$ 33.87	107,128 <sup>(2)</sup> <u>(3)</u>	I	By Self as VP for Argentum Foundation
Common Stock; \$0.01 Par Value	11/08/2005	S	1,100 <u>(3)</u>	D	\$ 33.86	107,128 <sup>(2)</sup> <u>(3)</u>	I	By Self as VP for Argentum Foundation
Common Stock; \$0.01 Par Value	11/08/2005	S	2,000 <u>(3)</u>	D	\$ 33.85	107,128 <sup>(2)</sup> <u>(3)</u>	I	By Self as VP of Argentum Foundation
	11/08/2005	S		D			I	

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Common Stock; \$0.01 Par Value				1,500 <u>(3)</u>		\$ 33.84	107,128 <sup>(2)</sup> <u>(3)</u>		By Self as VP of Argentum Foundation
Common Stock; \$0.01 Par Value	11/08/2005		S	500 <sup>(3)</sup>	D	\$ 33.83	107,128 <sup>(2)</sup> <u>(3)</u>	I	By Self as VP of Argentum Foundation
Common Stock; \$0.01 Par Value	11/08/2005		S	9,900 <sup>(3)</sup>	D	\$ 33.8	107,128 <sup>(2)</sup> <u>(3)</u>	I	By Self as VP of Argentum Foundation
Common Stock; \$0.01 Par Value	11/08/2005		S	600 <sup>(3)</sup>	D	\$ 33.55	107,128 <sup>(2)</sup> <u>(3)</u>	I	By Self as VP of Argentum Foundation
Common Stock; \$0.01 Par Value	11/08/2005		S	307 <sup>(3)</sup>	D	\$ 33.57	107,128 <sup>(2)</sup> <u>(3)</u>	I	By Self as VP of Argentum Foundation

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474  
(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned (Instr. 6)
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares

## Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
CONGDON THOMAS E 1776 LINCOLN ST STE 700 DENVER, CO 80203	X			

## Signatures

Karin M. Writer (Attorney-In-Fact)	11/10/2005
**Signature of Reporting Person	Date

## Explanation of Responses:

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
  - \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The 8,000 share disposition occurred as a gift of stock on March 2, 2005 to a charitable organization in which Mr. Congdon has no direct relationship. The share total has not been adjusted since the previously reported balance had incorrectly excluded the shares.
  - (2) Mr. Congdon's spouse owns 9,103 shares of the issuer's common stock which is included in this amount and for which Mr. Congdon is deemed to be the indirect owner.
- On November 8, 2005, 64,507 shares of the issuer's common stock were sold by a charitable foundation. Mr. Congdon is the Vice
- (3) President of this foundation and he has sole depositive power over the assets of the foundation. The share total has not been adjusted as the previously reported balance had incorrectly excluded these shares.

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