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Form 4											
August 14, 20											
FORM	4 UNITED	STATES	SECU	RITIES A	AND EX	CHANGE	COMMISSION		PPROVAL		
UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549							Number:	3235-0287			
Section 16. Form 4 or				CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Vection 16(a) of the Securities Exchange Act of 1934,					January 31, 2005 average urs per . 0.5		
obligation may contin <i>See</i> Instruct 1(b).	$\frac{1}{1}$ Section 17(a) of the l	Public U	Jtility Hol	ding Cor		of 1935 or Section	on			
(Print or Type R	esponses)										
1. Name and Ad Bell Michael	2. Issuer Name and Ticker or Trading Symbol INC Research Holdings, Inc. [INCR			5. Relationship of Reporting Person(s) to Issuer[] (Check all applicable)							
(Last)	(First) (1	Middle)	3. Date of Earliest Transaction								
C/O INC RE INC., 3201 E SUITE 600	(Month/Day/Year) 08/10/2017			_X_ Director 10% Owner _X_ Officer (give title Other (specify below) below) Exec Chair & Pres, Comm Div							
(Street) 4. If Amendment, Date Original Filed(Month/Day/Year)					վ	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person					
RALEIGH, N	NC 27604						Form filed by Person	More than One R	eporting		
(City)	(State)	(Zip)	Tab	ole I - Non-l	Derivative	Securities A	cquired, Disposed o	of, or Beneficia	lly Owned		
	2. Transaction Date (Month/Day/Year)	Execution any	Date, if	3. Transactio Code (Instr. 8) Code V	Disposed (Instr. 3, 4	(A) or of (D)	Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Reminder: Repo	ort on a separate line	for each cl	ass of sec	urities bene	ficially ow	ned directly o	or indirectly.				
					Perso inform requir	ons who res nation cont red to respo ays a curren	pond to the colle ained in this form and unless the for ntly valid OMB co	i are not rm	SEC 1474 (9-02)		
	Tab					posed of, or convertible s	Beneficially Owned securities)	I			

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisable and	7. Title and Amount of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	orDerivative	Expiration Date	Underlying Securities

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Security (Instr. 3)	or Exercise Price of Derivative Security		any (Month/Day/Year)	Code (Instr. 8)	Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	(Month/Day/Year)		(Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Performance Restricted Stock Units	<u>(1)</u>	08/10/2017		А	29,143	<u>(1)</u>	<u>(1)</u>	Class A Common Stock	29,143

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
Bell Michael Adam C/O INC RESEARCH HOLDINGS, INC. 3201 BEECHLEAF COURT, SUITE 600 RALEIGH, NC 27604	Х		Exec Chair & Pres, Comm Div				
Signatures							
/s/ Christopher L. Gaenzle, Attorney-in-Fact		14/2017					
**Signature of Reporting Person		Date					
Explanation of Response	es:						

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Each performance restricted stock unit ("PRSU") represents a contingent right to receive one share of Issuer common stock. The PRSUs (1) cliff vest on January 1, 2021 upon the achievement of \$100 million of defined synergy savings on an annual run-rate through December 31, 2020.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.