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KEISER GARY

	KEISER GAF Form 4											
August 11, 2006 FORM 4 UNITED STATES SECURITIES AND EXCHANCE COM									OMB APPROVAL			
		Washington, D.C. 20549							OMB Number:	3235-0287		
	Check this if no longe subject to Section 16 Form 4 or Form 5 obligations may contin <i>See</i> Instruct 1(b).	Filed pursu Section 17(a)	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section							January 31, 2005 average irs per 0.5		
	(Print or Type Re	esponses)										
1. Name and Address of Reporting Person <u>*</u> KEISER GARY				2. Issuer Name and Ticker or Trading Symbol CAPSTEAD MORTGAGE CORP [CMO]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last) (First) (Middle) 8401 N. CENTRAL EXPRESSWAY, SUITE 800				3. Date of Earliest Transaction(Month/Day/Year)08/09/2006				X_ Director 10% Owner Officer (give title Other (specify below)				
(Street) DALLAS, TX 75225				Filed(Month/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person 				
	(City)	(State) (Z	Cip)	Fable I - Non-D	erivative S	Securi	ties Acc	uired, Disposed o	f, or Beneficial	lly Owned		
	1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		Code ear) (Instr. 8)	on(A) or Di (D) (Instr. 3,	4 and (A) or	d of 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
	Common Stock	08/09/2006		Code V P	Amount 200	(D) A	Price \$ 7.15	8,500	D			
	Common Stock	08/09/2006		Р	600	А	\$ 7.17	9,100	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Titl Amou Under Secur (Instr.	int of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
KEISER GARY 8401 N. CENTRAL EXPRESSWAY SUITE 800 DALLAS, TX 75225	Х						
Signatures							
By: Bethany L. Siggins For: Gary Keiser	08/11/2006						
**Signature of Reporting Person		Date					

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.