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SWIFT ENE Form 4	RGY CO									
May 10, 2007										
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								9PROVAL 3235-0287		
Check this if no longe subject to Section 16 Form 4 or Form 5 obligations may contin <i>See</i> Instruct 1(b).	Filed purs Section 17(a	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 20(b) of the Investment Company Act of 1940							January 31, 2005 average irs per 0.5	
(Print or Type R	esponses)									
Lanier Douglas J Symbol			er Name and Ticker or Trading Γ ENERGY CO [SFY]				5. Relationship of Reporting Person(s) to Issuer			
(Last) 16825 NORT SUITE 400	(Month/I	3. Date of Earliest Transaction (Month/Day/Year) 05/08/2007				(Check all applicable) Director 10% Owner Officer (give title Other (specify below)				
	(Street) 4. If Amer Filed(Mon						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
HOUSTON,	TX 77060						Person		epotting	
(City)	(State) (2	Zip) Tab	le I - Non-Do	erivative S	Securi	ties Ac	quired, Disposed o	of, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code	4. Securities onAcquired (A) or Disposed of (D) (Instr. 3, 4 and 5) (A)			Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Swift			Code V	Amount	or (D)	Price	(Instr. 3 and 4)			
Energy Common Stock	05/08/2007		А	2,930	A	\$0	8,380	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date		4.	5.	6. Date Exer		7. Titl		8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	onNumber	Expiration D	ate	Amou	nt of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	lying	Security	Secu
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securi	ties	(Instr. 5)	Bene
	Derivative				Securities Acquired			(Instr.	3 and 4)		Owne
	Security										Follo
	2				(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3, 4, and 5)						
					, ,						
						Date Exercisable	Expiration Date		Amount		
								of			
									Number		
						Excicisable			of		
				Code V	(A) (D)				Shares		

Relationships

10% Owner Officer Other

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Reporting Owners

Reporting Owner Name / Address

Lanier Douglas J 16825 NORTHCHASE DRIVE, SUITE 400 HOUSTON, TX 77060

Signatures

Karen Bryant POA for Douglas J. 05/10/2007 Lanier

**Signature of Reporting Person

Date

Director

Explanation of Responses:

If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.