HEALTHSTREAM INC

Form 4 July 29, 2013

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16.

Form 4 or Form 5 obligations

may continue. See Instruction STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * POLLEY DALE W			2. Issuer Name and Ticker or Trading Symbol HEALTHSTREAM INC [HSTM]	5. Relationship of Reporting Person(s) to Issuer		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(Check all applicable)		
	209 10TH AVENUE SOUTH, SUITE 450		(Month/Day/Year) 07/26/2013	_X_ Director 10% Owner Officer (give title below) Other (specify below)		
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
NASHVILLE	, TN 37203		Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		

(City)	(State)	(Zip) Tab	le I - Non-	Derivative	Secur	ities Acqui	red, Disposed of	, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	(A) or			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	Ownership Form: Direct (D) or Indirect (I) on(s) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	07/26/2013		M	3,750	A	\$ 3.21	10,750	D	
Common Stock	07/26/2013		M	6,000	A	\$ 3.53	16,750	D	
Common Stock	07/26/2013		M	6,000	A	\$ 2.99	22,750	D	
Common Stock	07/26/2013		M	10,000	A	\$ 2.45	32,750	D	
Common Stock	07/26/2013		M	15,000	A	\$ 4.66	47,750	D	

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January 31,

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Common S 07/26/2013 14,750 D 31.965 33,000 D Stock (1)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	Secu Acqu (A) o Disp (D)	urities uired or oosed of rr. 3, 4,	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (right to buy)	\$ 3.21	07/26/2013		M		3,750	09/11/2006	09/11/2016	Common Stock	3,750
Employee Stock Option (right to buy)	\$ 3.53	07/26/2013		M		6,000	05/24/2007	05/24/2017	Common Stock	6,000
Employee Stock Option (right to buy)	\$ 2.99	07/26/2013		M		6,000	05/29/2008	05/29/2018	Common Stock	6,000
Employee Stock Option (right to buy)	\$ 2.45	07/26/2013		M		5,000	05/28/2010	05/28/2017	Common Stock	5,000
Employee Stock Option	\$ 2.45	07/26/2013		M		5,000	05/28/2011	05/28/2017	Common Stock	5,000

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(right to buy)								
Employee Stock Option (right to buy)	\$ 4.66	07/26/2013	М	5,000	06/28/2011	06/28/2018	Common Stock	5,000
Employee Stock Option (right to buy)	\$ 4.66	07/26/2013	М	5,000	06/28/2012	06/28/2018	Common Stock	5,000
Employee Stock Option (right to buy)	\$ 4.66	07/26/2013	M	5,000	06/28/2013	06/28/2018	Common Stock	5,000

Reporting Owners

Reporting Owner Name / Address	Relationships					
1 8	Director	10% Owner	Officer	Other		
POLLEY DALE W 209 10TH AVENUE SOUTH SUITE 450 NASHVILLE, TN 37203	X					

Signatures

Dale Polley 07/29/2013

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- This transaction was executed in multiple trades at prices ranging from \$31.61 to \$32.53. The price reported above reflects the weighted (1) average sale price. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer or a security holder of the issuer full information regarding the number of shares and prices at which the transactions were effected.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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