

BERSHAD STEPHEN W
Form 4
March 19, 2010

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
BERSHAD STEPHEN W

2. Issuer Name and Ticker or Trading Symbol
EMCOR GROUP INC [EME]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
66 ARROYO HONDO TRAIL
(Street)

3. Date of Earliest Transaction (Month/Day/Year)
03/17/2010

Director 10% Owner
 Officer (give title below) Other (specify below)

SANTA FE, NM 87508

(City) (State) (Zip)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
				(A) or (D)	Price		
Common Stock	03/17/2010		S	8,200 D	\$ 26	51,900	D
Common Stock	03/17/2010		S	4,046 D	\$ 26.01	47,854	D
Common Stock	03/17/2010		S	200 D	\$ 26.015	47,654	D
Common Stock	03/17/2010		S	4,800 D	\$ 26.02	42,854	D
Common Stock	03/17/2010		S	3,854 D	\$ 26.03	39,000	D
	03/17/2010		S	400 D		38,600	D

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Common Stock						\$ 26.035		
Common Stock	03/17/2010	S	3,400	D	\$ 26.04	35,200	D	
Common Stock	03/17/2010	S	200	D	\$ 26.045	35,000	D	
Common Stock	03/17/2010	S	100	D	\$ 26.055	34,900	D	
Common Stock	03/17/2010	S	700	D	\$ 26.06	34,200	D	
Common Stock	03/17/2010	S	300	D	\$ 26.065	33,900	D	
Common Stock	03/17/2010	S	200	D	\$ 26.07	33,700	D	
Common Stock	03/17/2010	S	900	D	\$ 26.08	32,800	D	
Common Stock	03/17/2010	S	500	D	\$ 26.085	32,300	D	
Common Stock	03/17/2010	S	2,000	D	\$ 26.09	30,300	D	
Common Stock	03/17/2010	S	300	D	\$ 26.095	30,000	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned (Instr. 6)
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares

