

CHANG JOSEPH Y  
Form 4  
July 19, 2011

**FORM 4** UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
CHANG JOSEPH Y

2. Issuer Name and Ticker or Trading Symbol  
NU SKIN ENTERPRISES INC  
[NUS]

5. Relationship of Reporting Person(s) to Issuer  
  
(Check all applicable)  
  
 Director  10% Owner  
 Officer (give title below)  Other (specify below)  
Chief Scientific Officer

(Last) (First) (Middle)

C/O NU SKIN ENTERPRISES, INC., 75 WEST CENTER STREET

(Street)

3. Date of Earliest Transaction (Month/Day/Year)  
07/15/2011

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

PROVO 84601

(City) (State) (Zip)

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
				(A) or (D)	Price			
				Code	V	Amount		
Class A Common Stock	07/15/2011		M	11,554	A	\$ 19.15	112,032	D
Class A Common Stock	07/15/2011		S <sup>(1)</sup>	11,554	D	\$ 40	100,478	D
Class A Common Stock	07/18/2011		M	5,946	A	\$ 19.15	106,424	D
Class A Common Stock	07/18/2011		M	17,500	A	\$	123,924	D

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Common Stock						17.25	
Class A Common Stock	07/18/2011		M	17,500	A	\$ 17.75	141,424 D
Class A Common Stock	07/18/2011		M	17,500	A	\$ 17.58	158,924 D
Class A Common Stock	07/18/2011		M	37,500	A	\$ 9.4	196,424 D
Class A Common Stock	07/18/2011		S <sup>(1)</sup>	95,946	D	\$ 40	100,478 D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

**Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.**

SEC 1474  
(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (right to buy)	\$ 19.15	07/15/2011		M	11,554	<sup>(2)</sup>	02/27/2014	Class A Common Stock	11,554
Employee Stock Option (right to buy)	\$ 19.15	07/18/2011		M	5,946	<sup>(2)</sup>	02/27/2014	Class A Common Stock	5,946
Employee Stock	\$ 17.25	07/18/2011		M	17,500	<sup>(2)</sup>	09/01/2013	Class A Common	17,500

Option (right to buy)								Stock	
Employee Stock Option (right to buy)	\$ 17.75	07/18/2011	M	17,500	<u>(2)</u>	02/26/2014	Class A Common Stock	17,500	
Employee Stock Option (right to buy)	\$ 17.58	07/17/2011	M	17,500	<u>(2)</u>	02/28/2013	Class A Common Stock	17,500	
Employee Stock Option (right to buy)	\$ 9.4	07/18/2011	M	37,500	<u>(2)</u>	02/27/2016	Class A Common Stock	37,500	

## Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
CHANG JOSEPH Y C/O NU SKIN ENTERPRISES, INC. 75 WEST CENTER STREET PROVO 84601			Chief Scientific Officer	

## Signatures

Clayton Jones as Attorney-in-Fact for Joseph Y.  
Chang

07/19/2011

\*\*Signature of Reporting Person

Date

## Explanation of Responses:

\* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Sale pursuant to a 10b5-1 plan adopted by the Reporting Person.

(2) Currently exercisable in full.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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